

Volume 21 Number 4  
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J.W. Riley High School  
405 E. Ewing Avenue  
South Bend, Indiana  
HOME OF THE WILDCATS!

# The Review

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hockey season

## Riley may soon be a 'quality school'

by Kristen St. Germain  
Managing Editor

In an upcoming meeting, the faculty is going to make an important decision on whether or not to make Riley a quality school, based on a concept created by Dr. William Glasser M.D., a prominent educator and psychiatrist.

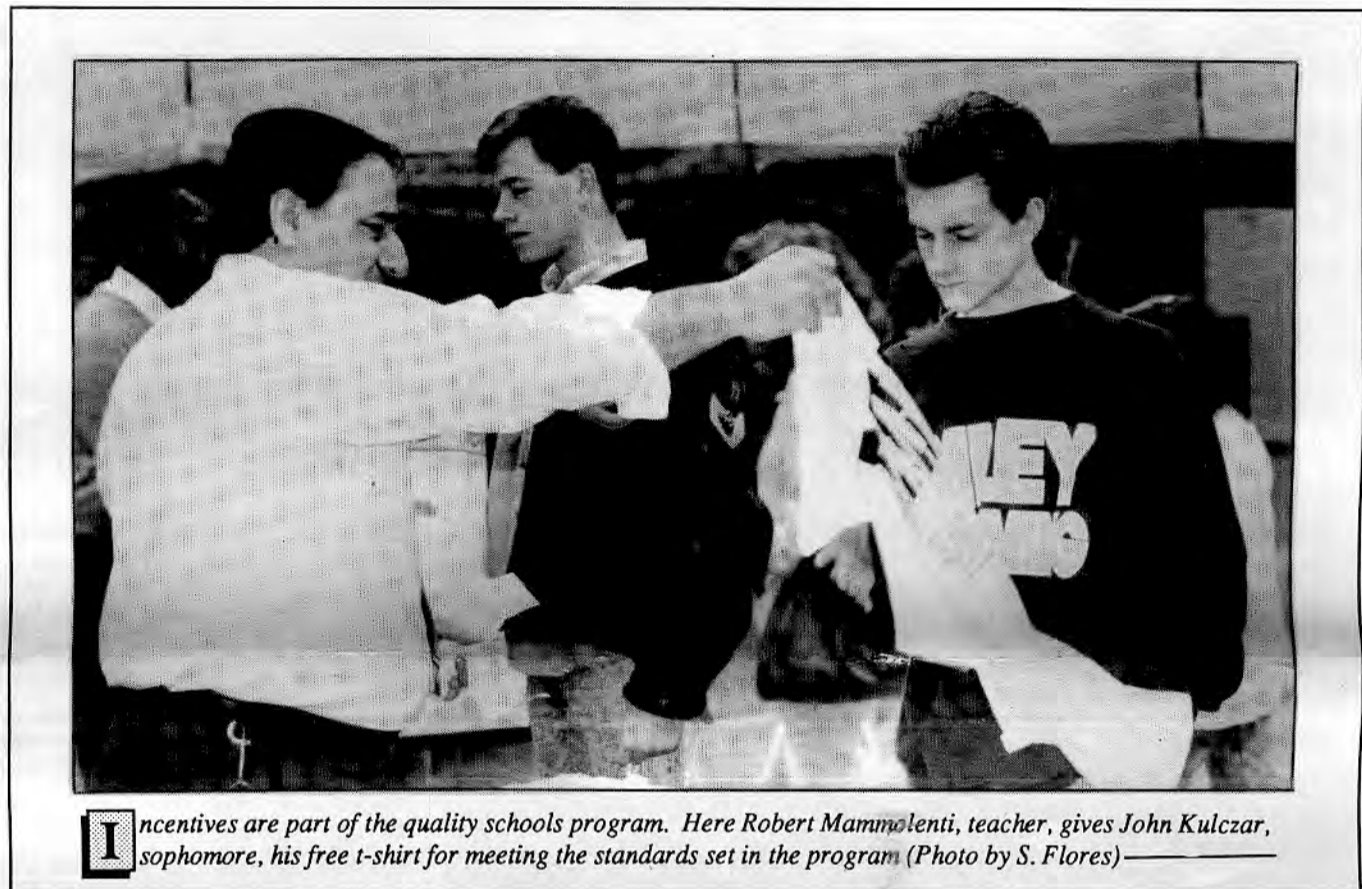
According to George McCullough, principal, a quality school is a school in which there is no coercion (not using grades as a threat), students are involved in self evaluation, and all members of the school focus on quality education.

"We have to do away with coercion and emphasize quality work, not only in school, but out of school, too. We have to teach students to want to come to school to get an education for themselves, because the more you get out of school, the better you are prepared for further education. We want students to have a hunger for education!" said McCullough.

John Wibbens, science teacher, said, "A quality school is an institution where everybody, students, faculty, and staff are doing quality work."

According to Lela Roberts, business teacher, "A quality school is a high school in which a high percentage of students experience success. The whole purpose is to get students to achieve through non-coercive behavior."

There is a school in California called Apollo High School which Glasser thinks is as close as possible to what he would call a quality school. It is totally non-coercive, has hardly any discipline problems, and is individualized to meet the needs of all students.



Incentives are part of the quality schools program. Here Robert Mammolenti, teacher, gives John Kulczar, sophomore, his free t-shirt for meeting the standards set in the program (Photo by S. Flores)

"What a quality school reaches towards is student centered activities," said McCullough. This does not necessarily confine activities to a certain building, but focuses them on the community.

A quality school moves away from memorization and more towards question asking, problem solving, and research. Teachers are viewed as facilitators of learning activities not as dictators, according to Glasser.

Behind all this is the control the-

ory, according to Glasser, which says there are five basic needs which are 1.) survival, 2.) love, 3.) power, 4.) fun, and 5.) friendship, and all a human being does revolves around those. Of course you expand on them, but those are the five basic needs."

McCullough said the whole concept is set up on a volunteer basis.

"If 51 percent of the faculty vote on the program we will go on with it, and at any time we can back out if we don't

want to do it," said McCullough.

McCullough explained that the whole program is brand new. He read Glasser's book, *The Quality School* about two months ago and studied Glasser's theories in college. He called *The Quality School* the greatest book he's read in quite a while.

McCullough, Roberts, Wibbens, and Dennis Kielton, counselor, flew to Arizona in November to hear Glasser speak on his quality schools concept.

## Valentine's Day:

## English classes send cards to disabled vets

by Yakini Foster  
Senior Staff Reporter

Faye Nelson's freshmen and sophomore English classes participated in a second annual Valentines for Vets effort. The program had an overwhelming success last year. More than five million valentines arrived at Hines Veterans Affairs Hospital near Chicago, the central mailing point, from people all over the country after advice columnist Ann Landers put in a plug for sending them in her column.

"This is my second year having my students participate in the program. Last year we sent 155 Valentines. The students really enjoy writing poems and although they felt the assignment was going to be easy the majority of them said it ended up being a lot harder than

they expected," said Nelson.

Landers said she felt the need to let our veterans know that there are a lot of us who haven't forgotten them "I've always known my readers are the most warmhearted, caring people in the world, so I took the liberty on letting them get the chance to show it (January 20, 1991 *South Bend Tribune*)."

Sophomore, Melissa Marcotte, said, "I get such a great satisfaction from this, it makes me feel happy that I'm brightening someone's day with just a few words of love, encouragement, and caring."

Not only did the students get the satisfaction that comes from doing for others, but they also received a grade on the valentine that each of them made. They were graded on originality, structure, and creativity, said Nelson.

Valentines: continued on page 2



Chris Vaerewyck, sophomore, concentrates on his card for a disabled veteran (Photo by Santiago Flores)

## In Review



## NHS induction

The National Honor Society will have its annual induction February 28 at 1 p.m. Dr. Thomas Morris, Indiana's Professor of the Year, will be the guest speaker.

## War support

Support groups for those affected by the Gulf War are offered by the school system and community. Support groups at the Alternatives Counseling Center and the American Red Cross have been initiated. Contact Mary Dunn at the counseling center or Fran-

nie Quick from the Red Cross for information.

## Contest

Riley recently had a Martin Luther King, Jr. essay contest in which there were 50 entries. There were ten finalists and four prizes.

First place: Tony Brooke, \$50 savings bond

Second place: Sonya Woods, \$20 gift certificate to Walden Books

Third place: Melissa Marcotte, \$15 gift certificate

Fourth place: Steve Pflugner, \$10 gift certificate

## Valentines:

Continued from page 1

These are preposition poems that demonstrate the students' mastery of prepositional phrase, said Nelson.

The men and women receiving these valentines served in World War I, World War II, the Korean War and the war in Vietnam. They represent every race,

*find love waiting  
For you and me*

Sani Shafii

*Throughout the years of time,  
Among all of the people*

“**I** get great satisfaction from this. It makes me feel happy that I'm brightening someone's day with just a few words...

Melissa Marcotte

color and creed. We can never repay these valiant veterans for the sacrifices they have made but, we sure can't hurt trying said sophomore, Stephanie Harper.

There were four student winners selected from a contest held in each class. Each of these students had the most original, creative, and structured valentines.

The over all winners were chosen from both sophomore and freshmen classes. The freshman was Sani Shafii and the sophomore was Chris Vaerewyck. Here are the award winning verses:

*Across the world, you'll find hatred  
Between mankind,  
But since the time  
Of civilization there have been wars  
For many reasons, but  
Behind every door, you can still*

*In the United States, you are  
Among the few and proud men and women  
with the courage and pride to fight  
for freedom.*

*Despite the risks involved, you went  
Beyond the limits of man.*

Chris Vaerewyck

From first hour winners were: Erin Lamkin, Erin Berger, Jaimee Perry, and Craig Pippinger. From third hour, Jeremy Perkins, Henry Graham, Jim Schmidt, and Paul Csakany. From fifth hour, Holly Kimbrell, Melissa Marcotte, Steve Pflugner, and Chaundra Tyce were selected. From fourth hour, Chris Vaerewyck, Amy Livengood, Cheryl Gerencser, and Melissa Gratham. Finally, from sixth hour Amy Vandewalle, Sani Shafii, Teana Stewart, Michelle Pomeroy, and Beth Vanderputten were chosen.



## Vote to be held soon:

## Quality school concept empowers students and staff in running school

—by Kristen St. Germain  
Managing Editor

Creating a quality school won't be easy, and it won't be accomplished overnight. According to Dr. William Glasser, nationally known psychiatrist and educator, teachers will be wary of this new approach, as most low-level managers are when the boss tells them things will be better.

He said that the first thought that will go through their minds will be: "This is another half-baked scheme that isn't going to work."

According to Glasser, the only way the concept will work is if all teachers voluntarily opt to participate. In order to facilitate the faculty's understanding of the program, McCullough is sending 20 teachers to quality schools workshops this spring. Ten teachers will leave for Chicago to hear Glasser speak this week.

He has also included all staff (including custodians, cafeteria workers and school secretaries) in initial planning sessions. Each employee received a copy of *The Quality School* and McCullough intends to hold informational meetings later this month so that all staff and faculty can give input.

If the faculty votes for it (to establish the program), we will start additional training, none of which is mandatory. If they do not vote for it, it stops there," said McCullough.

"If we do decide to make Riley a quality school Glasser will come here and spend a few days and talk to students and everyone else. If we decide against it, I'll probably do a lot of this on my own," said Kielton.

Moving towards a quality school will be a challenge. Teachers will not be interested unless they see immediately that they, as well as their students, are to get the benefit of this new way to manage, according to Glasser. The message from the top to the staff must be, "How can we help you much more than we have helped you in the past?"

Teachers' initial reluctance will dissipate when the teachers find (as the pro-

gram develops) that their job is actually better, said Glasser. Skeptical as they will be, asking them what they want (that they do not have) is a very good way to start, he says in his text.

According to Glasser, the initial plans for a quality school must be formulated by teachers. McCullough will reserve one morning this month for teachers to meet and begin planning the implementation of this concept at Riley.

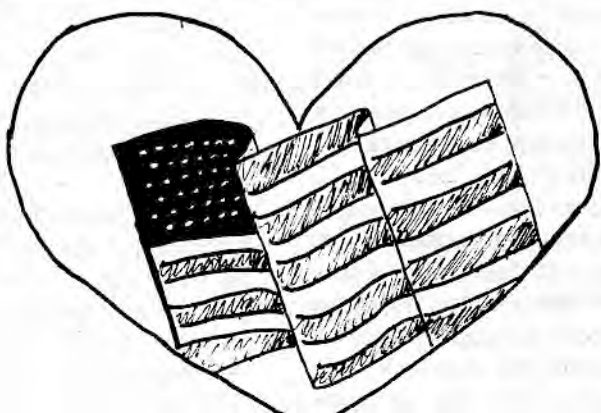
If at least half the faculty are interested after reviewing and discussing the concepts in *The Quality School*, then we can move further with this plan, said McCullough.

"Students are used to judging the quality of others' and having others judge them. It is judging themselves that will be new and this judgment is vital to the success of our program. Unless students begin to practice self evaluation on a regular basis, it will be very difficult to become a quality school," said McCullough.

"We have begun implementing this program in stages," said McCullough. "The first step was sending the three teachers (Kielton, Wibbens, and Roberts) to Phoenix. In the second step we ordered a set of *The Quality School* books for everybody. In the third step we held a faculty meeting before Christmas vacation to hand out the books to all the faculty members," he said.

"After the ten teachers return from the Chicago conference this week, we will break down into small groups to discuss the first three chapters of the book. In the sixth step, after we have discussed the three chapters, we will take a vote to determine if the faculty wants to pursue the quality school concept. If so, we will invite Glasser to Riley High School to formally introduce himself," he said.

"We're going to take the vote before spring break so we can set up conference times. We'll have two or three more days to delay school by one hour (in order to hold meetings). It will be just like a pep assembly and it is just as important!" said McCullough.



## Future problem solvers:

# Group allows students to solve world's problems

by Krista VanFleit  
Viewpoints Editor

Future problem solvers gives students a chance to use their creative abilities to find solutions for problems concerning the whole world.

Teenage pregnancy, ozone depletion, high school dropouts, and the greenhouse effect are a few of the problems dealt with since the program was started.

Liza Swedarsky, sophomore, said, "The problem about rain forests was the hardest because it required a lot more research than the other topics."

There are six steps to every problem. First, students brainstorm problems related to the topic, second, they identify an underlying problem, third, they brainstorm solutions to that problem, fourth, they devise a way to judge the solutions, fifth, they pick the best solution and sixth, the students describe the solutions they chose.

"Our team usually meets at my house. We research the problem with excerpts from magazines given to us by the FPS (Future Problem Solvers) organization. We try to come up with creative solutions that deal with money, education, the environment, transportation, and other topics," said Stephanie Tezich, sophomore.

Swedarsky said, "The research helps us come up with ideas, and my teammates' ideas help me develop my thoughts more fully."

The teams solve three problems each year. The first two are for practice, the third determines whether a team will participate in the state championship.

Riley has three problem solving teams, and each team has four members. The freshmen team members are: Kim Wilson, Amy Potratz, Tara Hurt, and Betsy Adamson. Liza Swedarsky, Robert Sever, Stephanie Tezich and Krista Van



Sophomores, from left to right, Robert Sever, Liza Swedarsky, Krista Van Fleit, and Stephanie Tezich work to solve the world's problems (Photo by Robert Stewart).

Fleit are on the sophomore team. The senior team is composed of Curtis Bittle, Amy Arch, Tracy Rice, and Kathi Brasel.

Leona Johnston, sponsor, said there could be more teams, but not many people know about FPS. Most of the people on the teams have been in her English classes.

Anyone can be in FPS. It's good to have people who question things, and to have creative off-the-wall people on every team, said Johnston.

Sometimes the team members have conflicting opinions.

"We get on each others' nerves. We yell at each other and get into arguments, but it's all good natured," said

Bittle.

Johnston said, "When you're working with people with creative minds it takes a lot of time to get everyone organized."

The teams don't really compete with each other.

Sever said, "We don't really talk to the other teams, we mainly try to make our team better."

There have been some strange solutions.

"Our group wanted everyone in the world to wear special suits to protect us from the ultraviolet rays coming to the earth due to the depleted ozone layer," said Sever.

According to Bittle, his team

wanted to devise special shields to deflect harmful particles before they could damage the ozone layer.

The teams don't have regular meetings.

"We usually meet right before the problem is due. It takes most of the weekend to totally complete a problem," said Swedarsky.

Wilson said her group meets during English class and on weekends.

Dr. and Mrs. E. Paul Torrence started the FPS program around 1974. They felt that there was a decline of creativity and a lack of interest in the future among teens, according to a pamphlet on the FPS program sponsored by the Indiana Board of Education.

## Brains and reflexes: A winning combo

by Krista Van Fleit  
Viewpoints Editor

In the *Peanuts* comic strip, what is the name of Charlie Brown's teacher? If you can answer this, you'd be a good candidate for the Quiz Bowl team.

The team began its season January 23, with a loss to Marian.

Ben Lerman, junior, compares Quiz Bowl to playing Trivial Pursuit.

"I joined Quiz Bowl because it just sounded like fun," said Kelsey Krynock, sophomore.

The selection of varsity members is easy.

"During practices we keep track of correct answers," said Joyce Garretson, sponsor.

Quiz Bowl matches can be exciting.

The matches have four timed rounds, with about 25 questions in each one. The team gets 10 points for every right answer, no points for a wrong answer, and they lose 10 points if the question was interrupted with a wrong answer.

Rochelle Chodock, junior, said there isn't really a way to prepare for the pressure, because you either know the question or you don't.

matches, said Garretson.

The questions are purchased from a company that specializes in testing.

The Quiz Bowl season culminates in

namment.

In the regular season match, St. Joe beat Riley by two questions.

If Riley would've beaten St. Joe last year in the playoffs, the team would've gone to Houston, Texas for national competition. St. Joe will be the team's toughest competitor this year, also.

Quiz Bowl is for everybody.

Garretson, said, "The questions are varied. They include athletics, music, social studies, math, science, and the Bible. There's just a little bit of everything!"

The team prepares for matches by using practice questions.

According to Chodock, the team should be pretty good this year.

The members of the team are seniors: Katina Scarbrough and Curtis Bittle; juniors: Clayton Wooldridge, Jessica Ross, Lili Shilkovich, Ben Lerman, Rochelle Chodock, Sara Van Ootenghem, Maria Gevas, and Natalie Balog; and sophomores: Carrie Wert, Kelsey Krynock, Kevin Stankiewicz, Carrie Milligan, and Kirstin Wilson.

The two upcoming matches are on February 13 against Washington and March 13, against Clay. The St. Joe meet is at St. Joe on February 20.



Sophomores, Rochelle Chodock and Jessica Ross take a break between questions (Photo by S. Flores).

Do the teams see repeat questions?

The teams see repeat questions in practice, but it hasn't been a problem in

a city tournament, and the team that wins goes to nationals. There is no state tour-



## What pick-up line do you like best?



"Oops, my hand slipped," Kelly Bailey, freshman.



"I don't need a pick-up line," Jeremy Thompson, freshman.



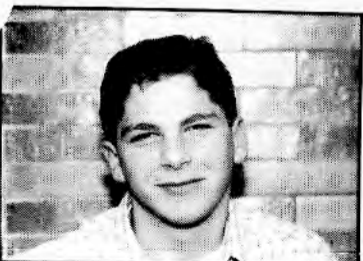
"Is it hot in here or is it just you?" Andrea Sager, sophomore.



"If I could live forever, I'd still need just a little more time to tell you just how I feel because the time in forever just isn't long enough," Michael Brumfield, sophomore.



"Don't I know you from somewhere?" Johnna Miller, junior.



"Would you be offended if I said I found you attractive?" Ben Lerman, junior.



"So, what battalion you with, hun?" Kat Marshall, senior.



"Do you like Candyman?... Then do you like knockin' boots?" Chad Freid, senior.

## Editorial

Our forces in Iraq need to know we are behind them so we must band together

The Gulf war is a very controversial issue. No matter which side you're on, pacifist or pro war, the troops should have your support.

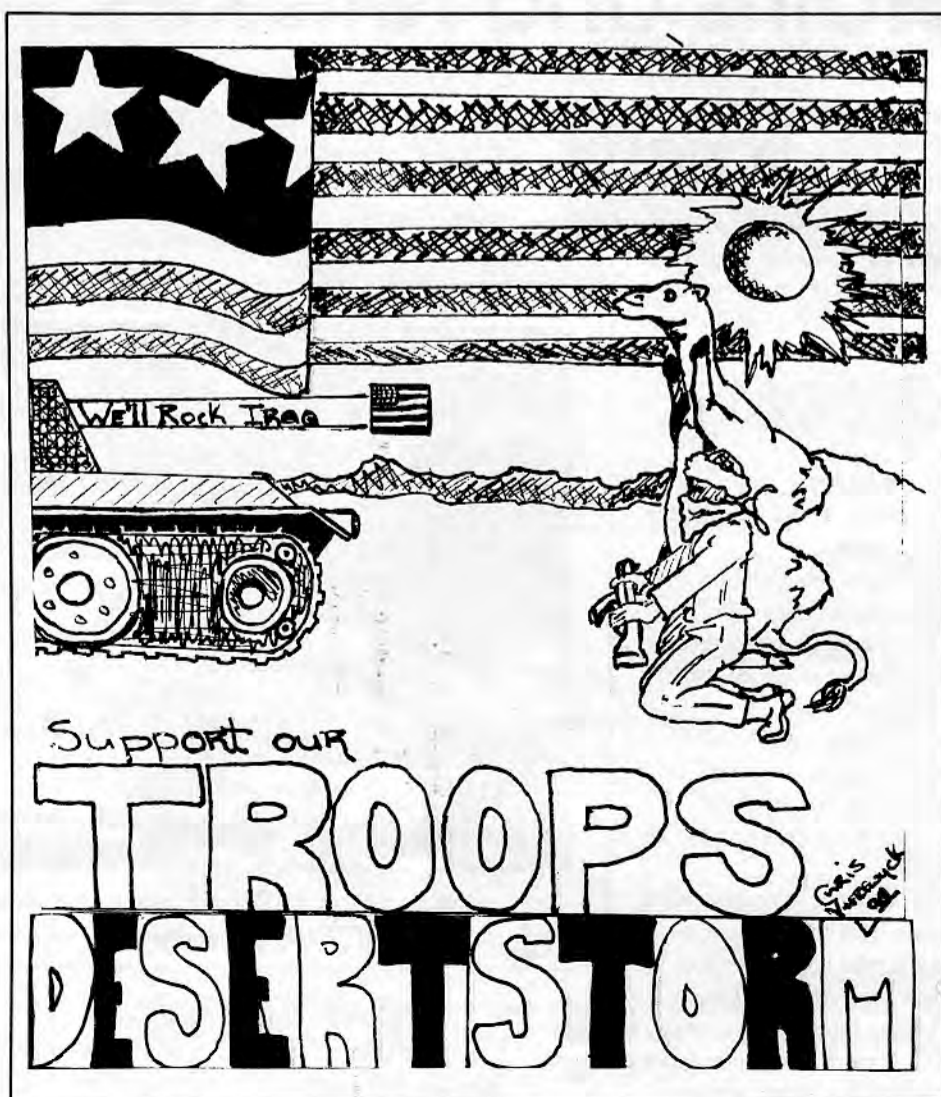
When the soldiers returned from Vietnam they were treated brutally by the American people. The reason many turned against our troops was because they had murdered civilians and innocent people. They did not have any choice in the matter as they were simply carrying out the strategies the commanders imposed. Most developed severe emotional problems from it. War is murder. Civilians will, inevitably, die in this war. Instead of intensifying the soldiers' guilt and sadness, let's support them.

These men and women are serving our country. It is not necessarily their choice to be there. Some join the forces for financial support and probably do not expect to go to war. It is also not their choice to kill people. That's what war is. It is either kill or be killed. Most would choose to kill.

It is nearly impossible to be involved in a war and avoid injuring civilians. When firing and bombing, soldiers do not have precise aim. They cannot pick out innocent people and must work to destroy strategic sites. Also, sometimes civilians will attempt to kill, just as soldiers do.

If Saddam Hussein invaded the United States, do you think he would respect civilians' lives? He would probably go after civilians first. He already proved his inhumanity by torturing and parading American prisoners of war.

These soldiers need the support of the United States and citizens. We need to pull together in times of tragedy. It is not the soldiers' choice to kill and it is inevitable that civilians will die. This war will put immense strain on their emotional stability. Therefore, they need all of the reinforcement they can get.



# Letters to Editor

## Where's our pride?

Dear Editor,

This school is so phony! Now, before you people get mad at me, listen.

When the North Central people were here, all of a sudden custodians I've never even seen before appeared. The floors were polished and buffed, WOW! Awards were hung for the first time ever, lovely doormats were placed at the main entrances, one even said "Welcome North Central", and finally, the heat was on!

Now, the floors are dull, there's trash in the halls, the doormats are still out, but they aren't nearly as clean as they were, and the temperatures in the classrooms are back to -20 degrees Celsius.

I can understand cleaning up for "company", but at least try to keep it that

way!

The administration is teaching us a bad rule: Have pride in yourself, but only when you have to show off to other people.

If the administration does have that so called "pride" in our school, why don't we show it all the time?

Amy Harris

## Why are we at war?

Dear Editor,

At War

Why are we at war, I sometimes find myself wondering.

Is it for the good or is it for the bad, It never solves a thing, We'll always walk around with fear,



## Letters to the editor policy:

The Review reserves the right to edit the content of any letter without altering its intent. All letters must be signed, but names will be withheld upon request and with good reason.

hatred, love, and kindness. Now help me Lord, now as I pray that the war will end soon Today...

Michelle Bauer

## We need sex ed

Dear Editor,

Since teenage pregnancy is a primary concern of society, and every year thousands of teens become pregnant, doesn't it make sense to have a sex education class at Riley? The health classes skim over the topic, sometimes. But an all out campaign should be started to educate the ignorant and reduce, or even stop, teenage pregnancies. Although this issue is ignored and swept under the rug in some schools, we are only hurting our-

selves by not recognizing its importance to our futures.

Carol Stachowiak

## Fix girls' restrooms

Dear Editor,

I think that something should be done about the condition of our girls' restrooms. I know that people have been talking about it, but in the mean time, they continue to make me ill. I think something needs to be done, especially because there are usually only two or three stalls that stay closed long enough to keep what you're doing private. I can't even use the restroom without having to read about who loves who!

Name withheld



# CAT CHAT

Valentine's Day, what exactly does it mean? For us who have a boy or girlfriend, it could possibly mean a trip to the Semi-Formal, maybe even a gold necklace or bracelet, and some roses wouldn't hurt! However, for those of us who aren't lucky enough to have the money to pay for a dress or suit, buy tickets, and pay for dinner, we're going to have a quality night of sitting at home on the couch eating chocolate and watching "The Charlie Brown Valentine's Day Special."

Let's face it, Valentine's Day just isn't the same anymore. How many of you still buy the boxes of 32 Valentines to pass out to your friends?

What about when the guy you've liked forever says to you, "Are you going to the Semi-Formal?" Just as you're about to have a coronary, and your knees are shaking 200 miles per hour, he says, "I think it's a waste of time, I wouldn't be caught dead there, watching a bunch of lovesick couples suck face and stare into each others' eyes. I have better things to do than look at girls that wear those huge, heart shaped earrings, and buttons that say "Kiss me, It's Valentine's Day!"

What about the card you get from a secret admirer? You think it's from the hottest looking guy God ever created, but it ends up being from the guy who sits in the back of English class shouting, "I know, I know," and making rude noises with his armpits. What a heartbreak!

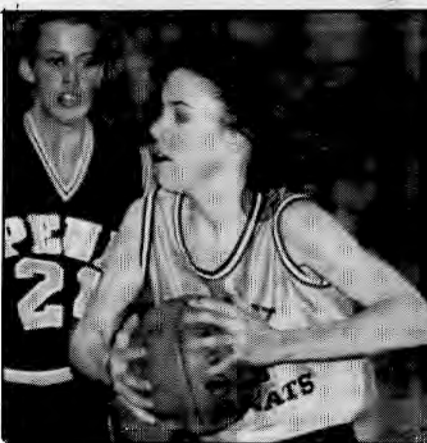
Well, whether you're going to spend Valentine's Day alone or not, I hope you have a good one!

Let's not forget our troops in the Middle East and let's wish them a quick and safe return.

Happy Valentine's Day everyone!



# Candid Cat



Sara VanOoteghem, Jody Schaller, Tracy White, and Beth Bone (clockwise), are shown making funny faces.

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Date rape:

# One girl's shocking story of a date gone bad

by Rape Victim  
Guest Reporter

Dating: it can be good or bad, fun or depressing. The most important thing is that you like someone and they like you. But dating isn't always what it's cracked up to be.

I remember a specific date I went on one time. I was with my boyfriend, a guy I was totally devoted to. He was someone who I loved, and trusted with everything, especially myself.

He was the type of guy every girl is longing for. The tall, dark, handsome type who has a nice car, money, the works. He was the type of guy who seems to be the most sensitive and understanding person. He is the one your parents adore to see pick you up, knowing that their little girl will be safe for the night.

In my case, the looks were deceiv-

## Mr. Perfect

ing. We had been dating for around two months. I kept track of time gone by. He told me that he felt our relationship was growing stronger and nothing could come between us, not even the jealous feelings that are usually included in relationships. Of course, the gullible person I am, I sucked it all up and let it go straight to my heart.

He told me of a nice place he wanted to take me to show me how much he cared and to let me know he needed me more than he admitted sometimes. We made reservations at a restaurant and decided whatever we did after that would be totally spontaneous to make the evening fun.

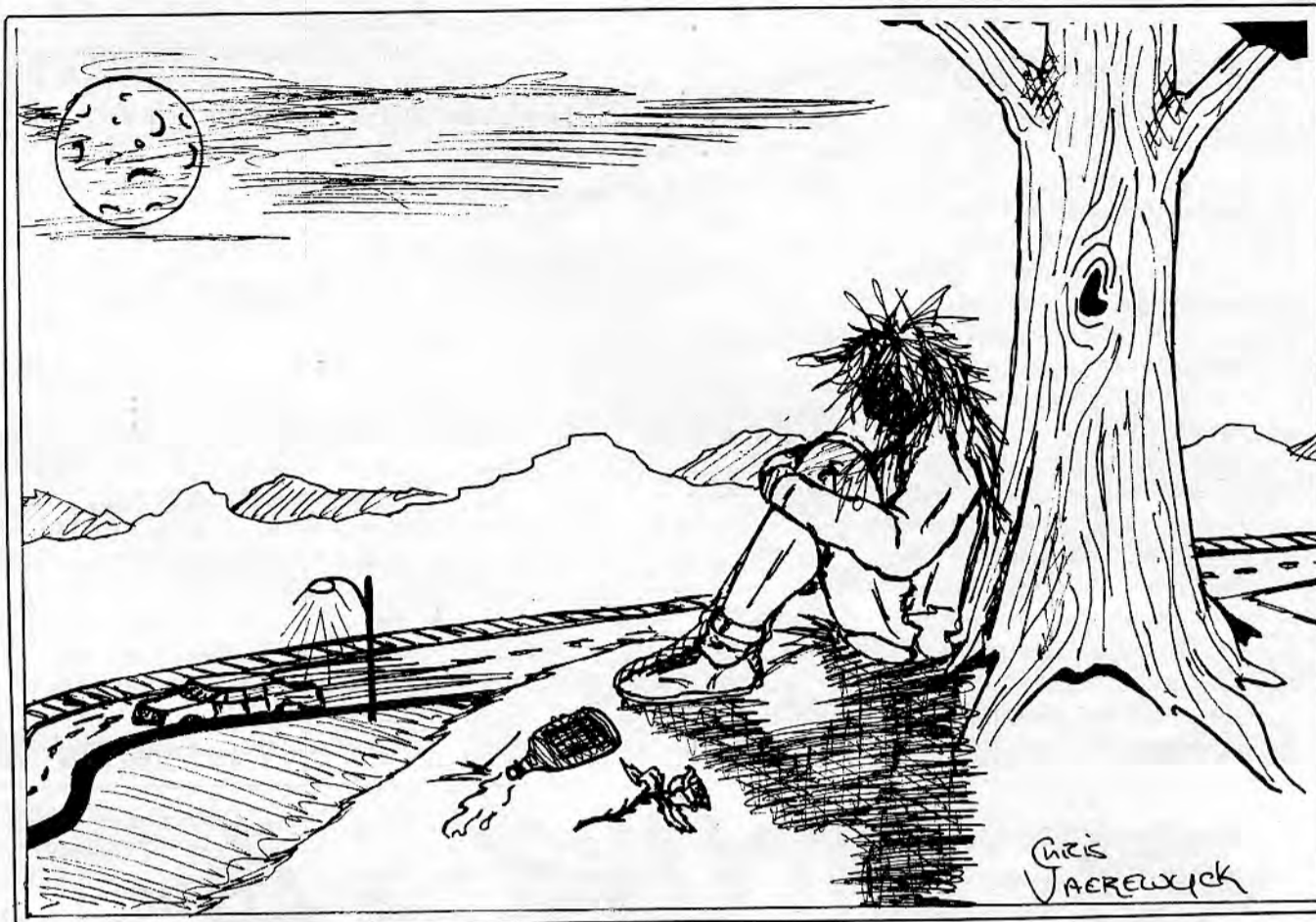
The night came. I bought a nice dress and took what seemed like forever on my hair and make-up. It was a special night and I wanted to look the best I could. He finally got to my house, casually late like always. We got our pictures taken, the works. I had never been so happy.

We decided it would be nice if we went to show my mother. She lived kind of out of the way, and we had an hour to waste before our reservations. There we were, driving along and having a good time.

All of a sudden, we went down a

## Rape

road that was very unknown to me. I didn't show my fear, after all, I was with a person who knew what he was doing.



We pulled to the side of the road, because he said he wanted to talk. So we talked. He said everything I wanted to hear. He said he loved me, and was never going to let me go. He said the kind of things a girl dreams of hearing, like from *Days of Our Lives*, or some other soap opera.

Then he kissed me, only, it was forceful and very frightening to me. But I still wouldn't show my fear. I wanted him to stop, but I did not want to fight. He kept pressing himself so close to me, I couldn't breathe. I told him finally to stop. Then the famous line came up, "If you care the way you say you care, you want this as much as I do."

“ **H**e said he loved me, and was never going to let me go. He said the kinds of things a girl dreams of hearing, like from *Days of Our Lives*, or some other soap opera. **Victim** ”

Right then, I couldn't believe my ears. I wanted to die. How could this great guy be such a jerk? All I could do was wonder what to do. I said 'No 'like it was going out of style. I pushed, kicked, did everything with all my might, but nothing stopped him. I couldn't scream, I was speechless. All I could do was cry. He whispered things to me that hurt so bad, that I can sometimes still hear him in

my sleep.

He finally decided he was through with me. All I could do was sit in the passenger seat curled up in a ball and cry. I could hear him telling me that I was a slut and that any guy would do the same to me because that was all I was good for.

We finally got to my house. My parents were asleep. I could barely walk. I had to leave my shoes in his car. I got in my house and looked at my ripped clothes and just wanted to die. I took them off and got straight into the shower. I must have stood there crying for close to an hour. I threw the clothes away and somehow got to sleep.

right to do that to me. He made me realize that I had scars just like those of a person raped by a stranger. Being victimized leaves scars, whether you know the person or not.

I never told my parents, but my

## Recovery

brother found out. I finally decided to go to a gynecologist to get myself checked out, to be sure that nothing was irregular. My body is fine, but mental scars don't heal as easily.

It took a while for me to tell anyone, but the reasons for doing so were to warn my friends that you have to be careful. No one expects something of this sort to happen, but it does, in fact, happen.

I never went to a counselor, and I never had to sit down and talk to my parents about it. This was a big mistake, by the time I opened my mouth it was too late to press charges and make this 'great' guy pay for what he did. I just wanted to believe that it was all a bad dream, that it would go away if I tried to forget it happened.

It has taken a while, but I am dating again. The painful memories of that night still linger in the back of my mind, but I manage to never take it out on whoever I am with. Trust is something that is hard for me to develop in any guy. If this were to happen to anyone else, I hope to God that they tell someone before it's too late.

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# Heart surgery: Student struggles with the trauma

by Amanda Abigt  
Staff Reporter

## Commentary

How many of you can honestly say that your life changed over winter vacation?

I can. On December 12, 1990, I was admitted to Riley Children's Hospital in Indianapolis to have heart surgery.

In July of 1990 I was diagnosed as having a debilitating heart problem called Patent Ductus Arteriosus.

PDA, as it's commonly called, is the non-formation of the ductus connecting the pulmonary artery and the aorta in the heart. This defect is usually detected between two and four days after birth. Mine, however, went undetected for 16 years. If this defect is left untreated, it can induce death at an early age through heart disease and/or heart enlargement. As you can see, I had little to no choice whether or not to have surgery.

As soon as my family and friends found out about it, it was immediate pity. At first, I didn't really think about the seriousness of the situation, because I knew that I had little choice in the matter.

After I got to really thinking about me and my 'situation', I did begin to pity myself. I mean, at the time, I kept thinking, "God, haven't I had enough turmoil for awhile?" I knew that there were people whose lives were worse than mine, but then again, there were people who had it so much better.

When I finally took enough time to reflect on the events in my life from the past six months, I became angry at everyone. Everybody- my parents, teachers, boyfriend, friends, but especially at God.

I know that religion is a heavy topic for a teenager, but I've always been brought up to believe that when you

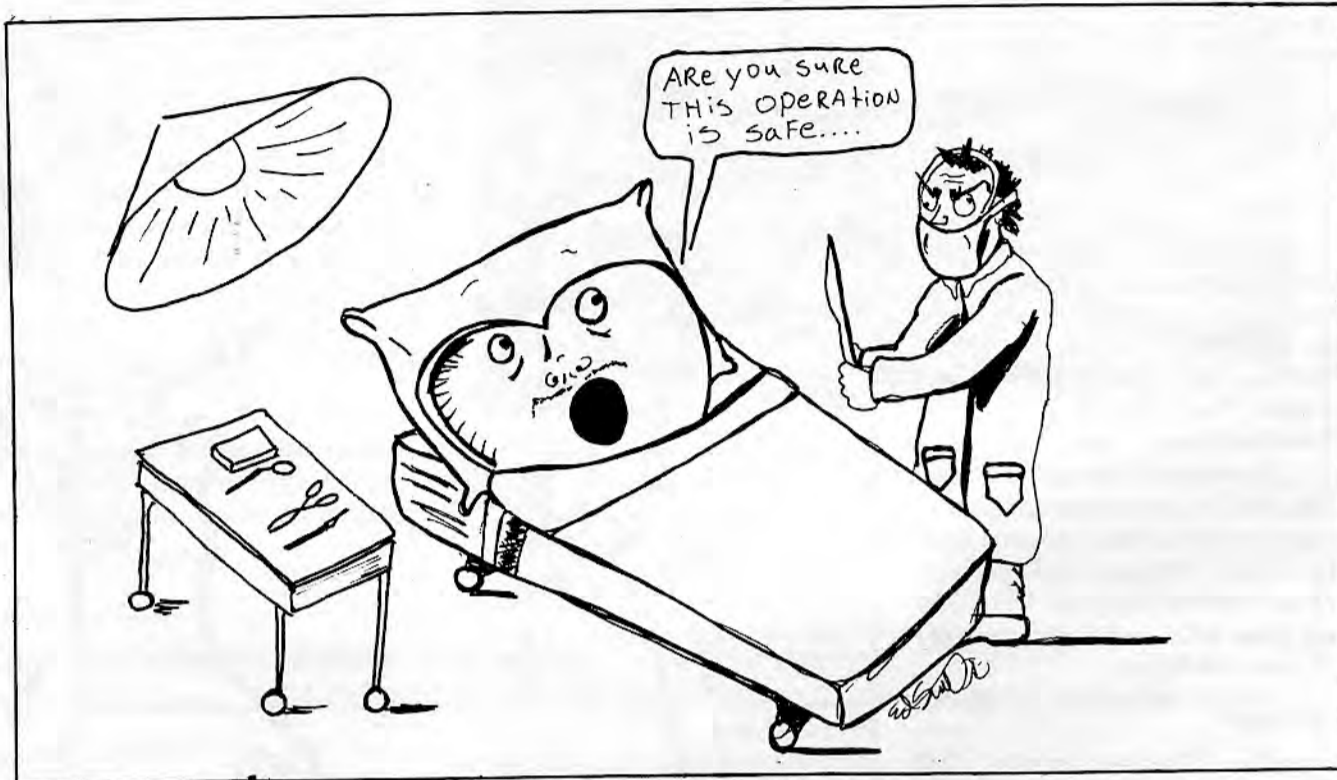
grades were slipping. The final blow was delivered when I found out that I couldn't play soccer anymore because I re-injured my knee. I felt that I had nothing left. I figured that there couldn't be many other people that were in as bad of shape as I was.

Well, as soon as I walked into the hospital, that all changed. Just sitting in the waiting room. I was surrounded by people whose children would never walk, talk, eat, or breathe on their own.

There was me, pitying myself like a fool. Was I crazy? Heck, I was healthy enough to have walked into this hospital, and that was a lot more than some of

ure. It wasn't as though Tate was the only kid like that, because most of the kids that I met had been through horrible

graces' was my parents. My mom rarely left my side. She was always there to talk me through it, and I honestly don't know what I would have done without her and



things and they were all so courageous.

My first roommate, Holli, had been in the hospital since the middle of November with a blood disease called Toxoplasmosis. This could have killed her if it wouldn't have been detected.

Just like Tate, when she found out about me, she told me how sorry she was. Here this girl had been in the hospital for almost two months, she could have died, and she told me she felt sorry for me! I couldn't believe it.

My experience in the hospital was not easy on me physically, either. My operation was a total success, but I experienced many complications afterward.

To start things off, after surgery, my breathing began to falter and I was put on oxygen. I was being given Morphine through one of 12 different I.V.'s in my right arm. Due to an allergic reaction, my right wrist was nearly two times its normal size.

Two days later, I was released from ICU. I was doing fine. Then for no apparent reason, I began to run a high fever. A day later, I began to vomit.

I think that one of my 'saving

my dad would drive down from South Bend at the drop of a hat.

Although I was still pretty sick, partially dehydrated, and weak from not eating, I made up my mind that, no matter what, I was going to walk out of the hospital just as I had walked in.

After my release forms were processed and I was free to go, the nurse offered me a wheelchair, and to everyone's surprise, I stood up and walked out of the hospital and into the waiting car.

After I got home, the out-pouring of support from friends and family didn't cease. The day I got home, against my mom's wishes, a few friends came over to see me. Although they were probably a little shocked at the way I looked, everyone was surprised at how coherent and verbal I was.

As I look back upon my last month, it brings out a lot in me. I think that this whole thing has strongly strengthened my character and belief in life. Although I would never do it again for anything, this whole thing has also helped me to deal with life's trials and tribulations.

“ I remember thinking to myself, I'm not going to make it. I'm so tired of being in pain. Amanda Abigt ”

didn't think you could go on, you could always turn to God.

At this time, when I needed someone most, it seemed that even He wasn't there. I kept thinking, "If there really is a God, and He's as great as everyone says, he won't let this happen to me."

Although I'm not a really religious person, I believe that my stay in the hospital greatly increased my belief. I still don't attend church regularly, as I think I should, but I now have a stronger belief in God. After all, without Him, I don't believe that I would have come through this unscathed.

See, throughout the last six months, I felt that I had done my fair share of suffering. A friend of mine had been killed, my house had been robbed, my life was going downhill really fast.

It seemed to me that everything that I cared for was being taken away. I had always been a good student and my

these kids would ever do!

As bleak as my situation seemed to me, within ten minutes of my arrival at the hospital, I began to count my blessings.

While waiting in the 'Admitting Room', I met a boy named Tate. He seemed healthy and normal, just a little quiet. He and I got to talking about sports and comparing our band-aids, and we really hit it off.

Eventually Tate asked me why I was there. As soon as I told him, he and his dad began to tell me how sorry they were. After awhile, I asked him why he was there and his dad explained that Tate had been born with Spina Bifida and he was there to have his sixteenth operation in his life. He was only 12.

I think what shocked me the most was that he kept telling me how sorry he was for me, yet he was there to have surgery so he wouldn't have kidney fail-

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# AIDS: Destroying the myths

by Trisha Vaughn  
Staff Reporter

A victim is a person who suffers injury, loss, or death as a result of someone else's carelessness. I have met a victim.

She has Acquired Immune Deficiency Syndrome known as AIDS. I was able to personally interview this woman who contracted this deadly disease not by drug abuse, blood transfusion, or homosexual activity, but by being married to a bisexual. I had this opportunity when I was co-host of a teen talk show on the subject of sexually transmitted diseases (*Kid's Talk* with Deborah Domine. See December, 1990, *Review* for related story).

Having prejudice against this disease, I felt it was the moral thing to do. I wanted to rid myself of my own fears. Given time to prepare myself, I thought of every possible thing you could imagine about AIDS, and I even thought I invented a few more.

Would this woman be insane? Would she go crazy and spit on everyone around her? Do I shake her hand or do I not even go near her? The rumors I heard about these victims seemed so distant and unreal. But South Bend has an AIDS center. People, men, women, teens, and children are being affected by this disease, even here.

Fear gripped me. If this woman sneezed, do I run to the bathroom and wash myself? What if she tripped on a camera cord and skinned her knee? Do I run away and act as if I were never there?

I finally realized this was another living, breathing, human being despite her illness, and agreed to go ahead with the interview.

## Panic

The day came for my program, and I was ready to meet her. As I and a few other students walked into the studio, we saw two women sitting and talking, neither of whom looked afflicted by any



illness. Being the forward type of person that I am, I went over and introduced myself. I kept wondering where the 'AIDS' lady was and if she was coming. As one of the ladies got up and left the studio for a moment, the other lady put out her hand.

"Hello. I am Mary."

The last thing I thought was that she was the AIDS victim.

Her next words caused my heart to sink.

"I am the H.I.V. positive person you are interviewing."

Immediately after shaking her hand I put my hand to my mouth to wipe away some spit which had gathered at the side of it. This terribly frightened me and I began to shake. Didn't saliva transmit the virus? I panicked.

What was going to happen? All previous case scenerios I had thought of

were now rushing through my mind like a runaway freight train. Now what do I do? Get up and leave or remain calm?

This woman could obviously sense my apprehension, so she began to speak and talk about AIDS, how she got it and how she felt about her disease.

Then I remembered all of the truthful facts about AIDS. This woman looked healthy, happy, and unaffected by her disease. AIDS breaks your immune system. You don't die from AIDS, but by the diseases which attack and ravage your weakened immune system once AIDS sets in. Many AIDS victims die from pneumonia or the flu. Luckily, she has not reached any of those stages yet.

'Mary' said she is a mother and her youngest child is only three years old. This scares her because one day she knows she'll have to leave them. She won't get to watch her children grow up.

She's not too hopeful for a cure and will not spend her time grieving, but will spend her days informing others of this disease. She is a beautiful woman who I have come to have great respect for. She was very honest and open and does not seem to let this disease keep her from living to the fullest the days, or months, she has left.

She reminded me that she received AIDS heterosexually, and that unsafe sex was highly ill advised. Anyone can get this disease, she warned. Don't think you are exempt.

Life is too precious to throw away for a moment's pleasure. AIDS' victims people are living, breathing, human beings with the same emotions you and I have. They need our compassion and understanding.

Together, we can win the battle against ignorance.



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# Melanie Myers: Senior on the GO

by Zoe Jensen  
Staff Reporter

You may know her as the senior class president, the National Honor Society(NHS) president or the girls' soccer team captain.

Her friends know Melanie Myers is all of that and much more, but they think of her as "just Mel".

Kyra Radomski, senior, remembers getting ready for prom last year.

"For prom, Mel and I decided to make our garters from scratch. We went to a favorite fabric store and bought all the materials. Mel's ended up being lace with a little soccer ball hanging from it, a little cow, a bell, and a letter 'M' for Mel; while mine was lace with a tennis

Amanda Abigt, sophomore, summed her all up into one word, a "nicefunnyweird" person.

Myers agrees that with her being the president of the senior class, the president of NHS, one of the soccer co-captains, as well as being a hostess at Tippecanoe Restaurant, she tries to be "one continuous Mel".

Amie Dworecki, senior, claims, "she's a very responsible person."

Gloria Murphy, NHS sponsor, said, "Melanie is creative, assiduous, intense, and diligent. Whatever she participated in, whether it was writing essays, giving reports, or passing tests, she did it to near perfection."

Myers said that when she was elected as senior class president she was very honored, and she's hoping to get more things done than in the previous



Melanie Myers, senior, comments during a discussion in French class (Photo by Thad Schmidt).

“**S**he was standing in front of a grand piano wearing this cute little dress, with long underwear underneath it...

Glenna Myers

racket, a cow, a bell, and a letter 'K' for Kyra. We had so much fun that night."

Radomski feels as though she owes Myers a lot, "especially in psychiatric fees."

year, such as a more exciting prom.

Myers is also involved in Project TEACH, SADD (Students Against Driving Drunk) and the French club.

You might be wondering what she

does in her spare time. Myers explained emphatically, "I have no spare time!"

Being so involved gave Myers a lot of good memories and she feels that overall, Riley's been a good experience

Myers' parents, Glenna and Jeff Myers, have many fond memories of her as a child. Her mother's favorite is, "When Mel was getting dressed for a piano recital, she wanted to dress herself. Well, when she went up on stage we couldn't help but laugh. She was standing in front of a grand piano wearing this cute little dress, with long underwear underneath it. I can still see her standing there real proud."

Myers' independent style and attitude may have come from being an only child.

"She gets to do more and we get to give her more," explained Myers' mother.

Just because Myers is an only child doesn't mean she's exempt from the rules. She has a curfew, has to keep her room clean, and has to get her laundry to the right place. Both of her parents think she's a good kid and wouldn't trade her because she's pretty unique and special. Myers' father said, "I would only change it so that 'Melsie' likes to eat dinner with me, without her headphones on."

# Mother Wildcat: Teaching more than math

by Lisa Wojciechowski  
Staff Reporter

She has reddish-brown hair, a bubbly personality, teaches geometry, helps the basketball team, wears blue and gold on spirit day, and holds the title "Mother Wildcat."

She's the popular Carol Wallace. If you haven't had her as a teacher then you've probably seen her at a school function or pep-assembly.

"When I was in second grade I wrote a paragraph on what I was going to be when I grew up. Others said a fireman or a policeman. I said I wanted to be an arithmetic teacher. When others played

house, I played teacher. I always thought of myself as a teacher," said Wallace.

"If I were a student at Riley I would want her as a teacher because she explains everything in great detail giving many examples. You're tested on what you study. She encourages students daily to work to the best of their ability. She's always available for assistance before and after school," commented Charlotte Totten, math teacher.

"I don't want my students to be afraid of math," said Wallace.

Wallace hasn't spent her entire career as a teacher at Riley. The first ten years of her career were at St. Mary's Academy. It was an all girls, private school. She taught many different math

classes.

"Wallace showed me that it doesn't take much but a little effort to make it in life. As long as you're impressed with yourself, others will be impressed also," said Sherry Andres, junior.

“**W**hen others played house, I played teacher. I always saw myself as a teacher.

Carol Wallace

"She taught me self-discipline. Wallace is definitely an adult I look up to," said Jenna Toothaker, junior.

"She is an intelligent woman who helped make learning something it should be, fun," said Kate Charles, junior.

"When a student names me as having an influence on their life I feel like going somewhere and shouting to the top of my lungs 'yes'. I swell up with feelings that could make me explode. It makes teaching joyful. I feel like I've accomplished something very special," said Wallace.

"Watching my students respond to me charges me up like a battery and gives me a drive to encourage my students to set goals for themselves. Then I really try to make that goal happen. When something isn't accomplished I'm

driven to make that goal happen. I have too much pride to quit on a student and on their goal. I won't admit defeat. No one can call me a quitter. I have a difficulty with students who quit," remarked Wallace.

"One time she took each of us out in the hall to show us our grades and I got an A. She said, 'Congratulations you got an A!' Then she kissed my cheek. Yes, I was shocked too. That is the kind of teacher she is," recalls Sarah Barrington, junior.

With everything Wallace does, she still finds time to help out with the boys' basketball team.

"I consider her one of my closest friends and confidants," commented Totten.

"It's always been my dream to be a teacher," said Wallace.

Everyone has dreams. Not everyone has or will be able to fulfill their dreams. If you're one of those lucky people like Wallace, you'll be able to fulfill your dream and enjoy doing it!



Tasheika Carlton, junior, receives assistance from Carol Wallace, math teacher (Photo by Thad Schmidt)

## Hockey

## Icers face off for possible city crown

by Maggie Soos  
Staff Reporter

Riley icers play for the city championship at the Ice Box tonight.

The 'Cats toppled Adams in the final playoff round February 3, 8-7. Chad Freid scored a penalty goal with no time on the clock to put the icers in a sudden death playoff.

The 'Cats defeated Lake County 10-4, after whipping Marian 10-5, in early rounds of action to obtain the playoff berth.

The team developed its prowess on ice by racking up a season record of 18-6-2, after concentrating on defense in the first third of the season, according to coach, Mike Freid.

Linda Feltman, mother of Matt and Jason Basil, feels that Freid encourages the team to work together: "He encourages the more experienced players to work with the less experienced.

Freid said that the team members have positive attitudes, and, despite the fact that they are young, are learning how to handle their frustrations on the ice.

According to sophomore and hockey manager, Jessica Druelinger, the "Cats attitudes are basically good, but they lose control every once in a while. When arguments occur, Freid may bench his players for a period during the game.

"Freid is always understanding and very helpful," she said.

The team works well together this year. This quality has improved greatly from last year, agree the players. "We play with more of a team effort this year," stated senior hockey player,



**M**att Basil, Jeremy Freid, and Adam Thopson look on to victory at the Ice Box against the Marian Knights. (photo by Santiago Flores)

Adam Thomas.

Another aspect of the hockey team is that the players never quit. Senior hockey player, Chad Freid, said, "We've had a lot of comeback victories this year because we don't give up." Perseverance, determination, and hard work are the key factors that brought Riley to the top this year.

Although hockey is a rough sport, there are few injuries. Feltman said that her sons may get bruised, but their padding protects them from getting seriously hurt. The equipment includes a helmet, elbow pads, skates, gloves, girdle, shoulder pads, guards, leg pads,

shin pads, a hockey stick, and a mouth piece.

The equipment is expensive for the players, costing around \$1,000. As hockey is not a school sponsored sport, each player must supply all his own equipment.

Yergler was optimistic about the chance for a championship this year. He stated, "We're better than everyone expected us to be." He said that although many good seniors were lost last year, the present seniors have taken their place and have shown leadership.

Freid feels the team has unlimited potential and they have enough

talent to accomplish their goal of winning the city meet tonight at the Ice Box.

The team practices three to four times a week at Notre Dame and the Ice Box

The hockey team consists of seniors: Chad Freid, Adam Thomas, Eric Newman, Doug Blackburn, and Jocelyn Sautoire; juniors: Andy Blackburn, Ben Lerman, Clayton Wooldridge, Jeff Yergler, and Bob Bledsoe (Bremen High School); sophomores: Jeremy Freid, Matt Basil, Eric Hoffman, and Neal Nowak; freshmen: Nick Relias, Jason Basil, Craig Pippenger, Colby Smith, Jimmy Bucher, and Andy Trost.

## Enjoy the thrill of winter sports

by Giao Duong  
Staff Reporter

As the snow drifts down this winter, many people may feel restricted by the weather. That need not be the case.

Winter recreational sports are a good way to make the most of the weather. Skiing and ice-skating are among the more popular sports.

According to *The Skier's Handbook*, there are chiefly three types of skiing: downhill, jumping, and cross country. They are defined below.

The essence of downhill skiing is speed. The skier can reach over 80 miles per hour gliding down a slope with an ever-changing terrain.

Jumping is started out by skating one step out onto the chute. The skier then crouches, gliding rapidly, and springs forward over his ski tips, thus creating the "jump".

Cross-country skiing isn't as dangerous as downhill or jumping. The skier uses narrower, lighter laminated skis to glide over milder terrain.

Melissa Quade, senior, enjoys skiing because, "It's exhilarating and fun." She is thrilled by the speed and the rush that comes from skiing downhill.

Junior, Sarah Barrington is thrilled by the danger and the excitement.

When asked if he felt it was necessary for people to own their own equipment, Gary Andert, general manager of Outpost Sports, replied, "If they're going to be involved in the sport, definitely. The skis will fit better and be suited to their skiing style," he said. The price of skis and ski packages can run from \$400 to

in many of these winter recreational sports to invest in long underwear, shell pants (waterproof pants that go over regular pants), a hat, and gloves.

The social aspects of these activities can be varied.

Senior, Matt Whitt, doesn't feel that skiing is a good way to meet people of the opposite sex.

Diane Champaigne, sophomore,

This way if injury did occur, it would take less time to heal.

"Injury is not inevitable," Andert said, "Just go out and do it (a recreational sport). It will be a lot of fun."

After a fun filled day, what do most people do?

Fifty percent of the surveyed students said eat, rest, and sleep.

Area Skating Rinks- Call for info.  
Howard Park- 219 S. St. Louis Blvd., South Bend, 284-9451

University of Notre Dame ice rink- North dome of Joyce Athletic and Convocation Center, Gate 3, Juniper Rd., South Bend, 239-5247

Ice Box- 1421 S. Walnut, St. South Bend, 288-3300

Merrifield Park Ice Rink- 1000 E. Mishawaka Ave., Mishawaka, 258-1665

Ski- Call for info.

Timber Ridge Ski Area- 1-800-253-2928

07500 23 1/2 Ave. Gobles, MI  
Ski World- Main Street, Buchanan, MI, 1-616-695-3847

Area Parks- call for info.

St. Patrick's Park- 277-4828; Program activities 277-4831

Recreation Department- 284-9328  
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“ **J**ust go out and do it (a recreational sport). It will be a lot of fun. Gary Andert ”

\$1000.

Ice skating, the less expensive recreational winter sport, is very popular. In a recent survey of 25 students, 35 percent said they spend time ice skating. They said it usually costs no more than \$5 for admission at local rinks. The cost of admission at most rinks ranges from free to \$3, and the rental of skates (where available) ranges from \$1 to a \$1.50. Buying a pair can run from \$40 to \$300. Andert advises anyone who partici-

doesn't agree. "Both sexes enjoy doing it and you already have something in common."

Though the goal of these winter activities is to have fun, injury is always a possibility. According to John Kemp, a physical therapist at Mishawaka Rehab, proper equipment that is fitted properly cuts down the chances of injury considerably. He also advised, "Try to maintain an optimum level of fitness through an exercise program."

# Mental attitude: Key to a great game

by Lisa Wojciechowski  
Staff Reporter

Being mentally fit for a game is just as important as being physically fit. Therefore, how can an athlete get pumped up for a game?

"I meditate on what I'm going to do," said Chris Drake, junior soccer player and diver.

"I give myself a pep-talk and tell myself I can only do my best," said Maria Gevas, junior tennis player.

Valuable psychological techniques include goal-setting, relaxation training, mental rehearsal, and affirming your ability before a game, said Jerry R. May, in his book, *Using Psychological Tools to Improve Your Game*, (excerpted from the May 1989 issue of *Psychology Today*.) Do athletes' moods affect their mental attitudes in a game?

"No, because once I'm on the field I'm fired up unless I'm really ill," said Laura Shindollar, senior softball player.

"Moods play a great part in an athlete's performance. Athletes experiencing personal problems generally have poor performance," commented Larry Gooden, teacher and former wrestling coach.

Sometimes athletes might have fights with their coaches. This may cause an uncomfortable feeling between the two when it comes to a game.

"If you have a problem with the coach you probably won't play well for him. You'll be worrying about what the coach thinks of your ability and you won't be concentrating on the game," said Jennifer Jernigan, senior softball and basketball player.

"My coach likes to yell to get his point across, I just take it positively. It makes me try harder," said Josh Thompson, sophomore basketball player.

"In my case, because the sports I play are individual with my team sports, my relationship with my coaches remains the same. I don't have to rely as much on a coach for strategy, and technique," said Scott Nowak, junior cross country runner and golfer.



What happens to athletes if fear takes them over?

"Sometimes like in the opening game, or when sectionals start, you get extremely nervous about how you're going to do. Sometimes you nearly get physically ill from it, especially in sectionals because if you lose you're done," said Laura Shindollar, senior softball player.

Fear is not easy to overcome.

"I think fear is meant to make you try harder," said Thompson.

Here is a sequence of relaxation training techniques recommended by May.

1) Focus attention on each muscle group, starting at the forehead and

moving down to your toes.

2) Tense one muscle group.

3) Maintain the tension for a period of five to seven seconds.

4) Release the tension.

5) Concentrate for 20 to 30 seconds as the sensations in the muscles as they relax.

6) Repeat the sequence for each muscle group in turn.

"Practice this technique three or four times a week for 15 or 20 minutes at a time and you'll learn to relax sections of your body at will. Then, any time you feel tense, simply recall the sensations and bring the tension under control," said May.

Helping a teammate with a prob-

lem is important.

"When you're a team, that means working together, and it means helping each other out. If a teammate has a problem it will affect everybody's game, not just their own. We talk about problems together," said Jernigan.

Fans can inspire athletes, too.

"It helps, however, your confidence must come first. But the crowd gets your adrenaline going. I love to play in front of a big crowd," said Thompson.

Negative crowd reaction can also have an impact.

"The fans only become a problem if the athlete lets the fans become a problem. A good athlete blocks out the crowd," said Gooden.

## Girls' basketball

# Team knocked out of playoffs 62-43

by Robert Stewart  
Photographer

The girls' varsity basketball team ended the season at sectionals Tuesday, January 22, with a final season record of 9-10.

In the sectional game against Adams, the Cats were knocked out of the playoffs 62-43. Senior, J.J. Mielke scored a total of 23 points and four steals in her attempt to give the Wildcats the lead. The team's lack of experience was a disadvantage.

"The team shot well from the free throw line (shooting unofficially about 60 percent from the line and J.J. Mielke shot around 70 percent herself) and we had a good strong defense all year. That got us a lot of our victories," said head coach, Gordon Polsgrove.

Polsgrove feels that his team's

strong defense and good shooting percentage from the free throw line was instrumental in the victories this year.

"I think the reason behind our wins was that we played well as a team this year, much better than we did last year," said senior, Sonya Woods.

On offense, Polsgrove says they did not shoot well from the field (officially they shot around 29 percent from the field). He did feel that their strength on offense was in their outside shot (shots from around 15 to 18 feet from the basket).

To get his team prepared both mentally and physically, coach Polsgrove said, "I make sure that the girls understand what they need to do to execute properly."

Polsgrove feels another reason that his team was so prepared was because he shapes his philosophy around his team's abilities. "I feel that is what any

coach should do to be successful in team sports," he said.

Although disappointed about the outcome of the year, Woods feels the team had a good season. She says that she feels that her strength was her ability to rebound.

"Before every game I told myself that I must not foul out," said Woods, commenting on her weak point.


"The highlight of the season for me was when I scored 13 points and made eight rebounds in the game against Concord," said Woods.

Mielke says her game against Plymouth was her best. She scored 22 points in the contest.

Returning players for next year are juniors: Stephanie Luber, Carrie Maurer, Beth Bone, Sally Lindenmen, Monica Rodriguez, Leslie Sorocco, Suzie Polsgrove, and Terri Pierce.

Graduating seniors not return-

ing are J.J. Mielke and Sonya Woods.



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## Boys' basketball

## Cavemen's height will be challenge for Cats

by Greg Carroll  
Senior Staff Reporter

When you read this article you might be the happiest fan of the Riley boys' basketball team, but you might not. As of February 4, the team was ranked 20th in the state with an impressive 15-2 overall and a 6-1 record in the N.I.C. and was heading into a highly touted game with Concord at the JACC on February 7.

Regardless, the Cats play against Mishawaka tonight at 8:15 p.m. at Jackson gym.

"Mishawaka has a lot of big kids and they are really powerful inside which can really cause problems for us. We need to concentrate on pressuring their guards and making it hard for them to get the ball inside as easily as they would like," said head coach Bob Berger.

"If we can continue to do what we have done to other teams with big front-lines, then I think we will come out ahead in the end," said potential Indiana All-Star candidate Andre Owens.

Senior forward, Eric Ford leads the team with a 25.4 scoring average per game with Owens following closely with a 24.3 average. Senior off-guard, Scott Hecht has filled some scoring voids for the Cats as of late.

"Scott definitely adds another scoring option to our team which helps take some scoring pressure off our main scorers," commented Berger.

With rebounding as a negative, Berger went on to add that the defense has been an excellent supplement.

"We are a better defensive team than last year, which really makes me

happy. We are a lot more aggressive which results in some turnovers. Rebounding is an issue in which I feel we are improving on."

In the next game on February 15 the Cats will face state ranked Michigan City Elston, led by junior superstar Charles Macon.

"Elston is a good and fast squad, but I think our team can give a better team effort than they can which should put us on top. Elston is an up and down kind of team. I hope we catch them on the down side," said Hecht.

The Cats are also gearing up for the upcoming South Bend sectionals beginning March 2.

"I would imagine that we will be the favorites going into the tournament. There are a lot of teams out there making big strides, especially Clay. We are just going to take each game in stride and worry about our next opponent," Berger said.

In recent games, Riley has dominated its opponents, beating rival Marian 75-55 led by Owens's 34 points and 10 rebounds. In the next week Riley stomped LaSalle winning 108-53 led by Hecht's 25 points. Riley then defeated St. Joe 82-70, behind Owens's 34 points.

"Those games were important to us because some of our reserves got in and played well which is good for their attitudes and our team," commented senior forward Shawn Taylor.

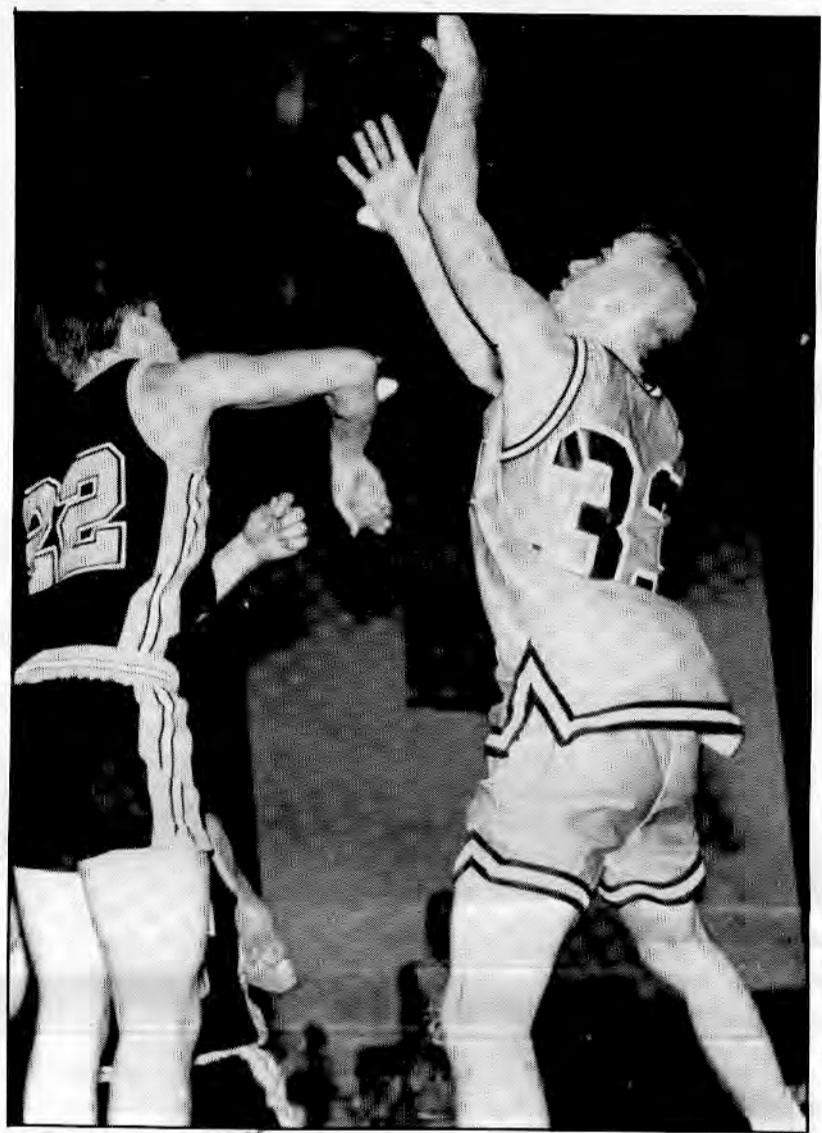
Don Wilson's B-Team is 8-7 overall and 4-2 in the N.I.C.

"We started off well, but injuries and the loss of some players hurt us," Wilson said.

"I had to readjust our team every

time something went bad. Fortunately, the kids work hard and will be good in later years," he said.

Mike Griffin leads the team with 132 points, and DeAngelo Purnell leads in rebounds with 114.



Scott Hecht jumps into the score board by hitting a 3 point shot. (photo by Santiago Flores)

## Grapplers to state

by Heather Ross  
Artist

The wrestling team is on its way to the state finals.

Coach Michael Smorin is optimistic about the team's chances. All his hopes are on his four star wrestlers: junior, Nick Juday, at 130 pounds; senior, Tom Franko; at 140 pounds; sophomore, Todd Wiczorek, at 189 pounds; and Matt Wills, at heavyweight.

Juday thinks that his strong points are his speed and strength. His weaknesses are "tall, skinny people with long arms".

"Wrestling builds character and discipline, but I hate losing weight (for my weight class)," said Juday.

He gets ready for a match by running sprints and doing wrestling drills for six minutes at a time. When the match begins, he stares down his opponent and gets psyched mentally.

Juday placed sixth in the Mishawaka meet.

Wills has qualified for the state meet before. He also won the Culver meet this year, after coming in third three years in a row. His strengths are his experience, and, "knowing more moves than his adversaries," He also said that the Culver meet was the highlight of his season.

Wills said that he likes wrestling because it gives him a chance to, "hurt people legally."

To get mentally psyched for a match, Wills said that he sits down and thinks about the competitor insulting his mother.

"While they are a long way from being a 'good' team, they're not going downhill," Smorin said.

The team's next meets are at the Merrillville semi-state meet tomorrow, and the Indianapolis state meet on February 15.


# ATHLETES

## of the month

**Adam Thomas**  
Hockey

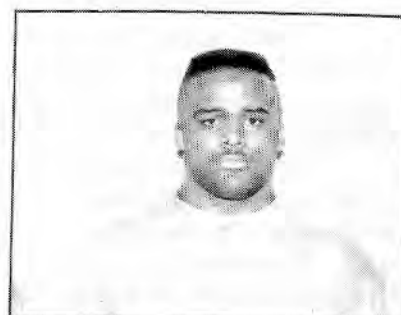
"He is a team leader and gives a 110 percent every time he is on the ice."

**Michael Freid**  
Boys' Hockey



**Matt Wills**  
Wrestling

"He is third in state, Culver Military champ, and an all around good kid."



**Mike Smorin**  
Boys' Wrestling

Athletes are nominated by coaches

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