

# The Review

## Debate over Riley is an emotional issue

*By* Krista Van Fleit  
Editor-in-Chief

After 68 years at 405 East Ewing, the Riley High School building may have a change of address, however, many people in the community are strongly opposed to this idea.

There are presently two proposals before the school board. Riley will either be rebuilt at the present site, or Jackson Middle School, located south of Ireland Road, will become the new high school.

Presently, the proposal to rebuild Riley would entail demolishing houses behind the school to extend the land necessary for a new school.

Nancy King, Riley representative on the school board, does not support this proposal.

"I am opposed to suggestions of keeping it at the Ewing site for many reasons. Number one is the cost; number two, it would have a campus that is divided by Fellows and Calvert Streets; and number three, the land is just barely big enough to accommodate what is necessary now, and if necessities come up in the future, there will not be any room to add on to the building," she said.

A group of concerned citizens started a group called the Riley at Ewing group. They believe Riley should remain at its present site.

### Candlelight Vigil

They held a candlelight vigil four days before the school board meeting on March 9. The group also walked from Riley to the administration building the day of the meeting. People from ages five to 75 were present at both activities.

The vigil was held to make the public aware that there is a group of people who feel very strongly about keeping Riley where it is.

Bobby Rivers, popular radio personality and active member of the Riley at Ewing group, said, "We want to let the people know that there are a number of people who are concerned, maybe that will get them on the bandwagon."

Another reason for the vigil was to get media attention, according to Rivers.

Although the vigil and the walk got a lot of attention from the media, the protesters did not change King's position, she said.

The people from the at Ewing group want to use the land from the Studebaker golf course for the new high school, however, the city has not said it would give up the course.

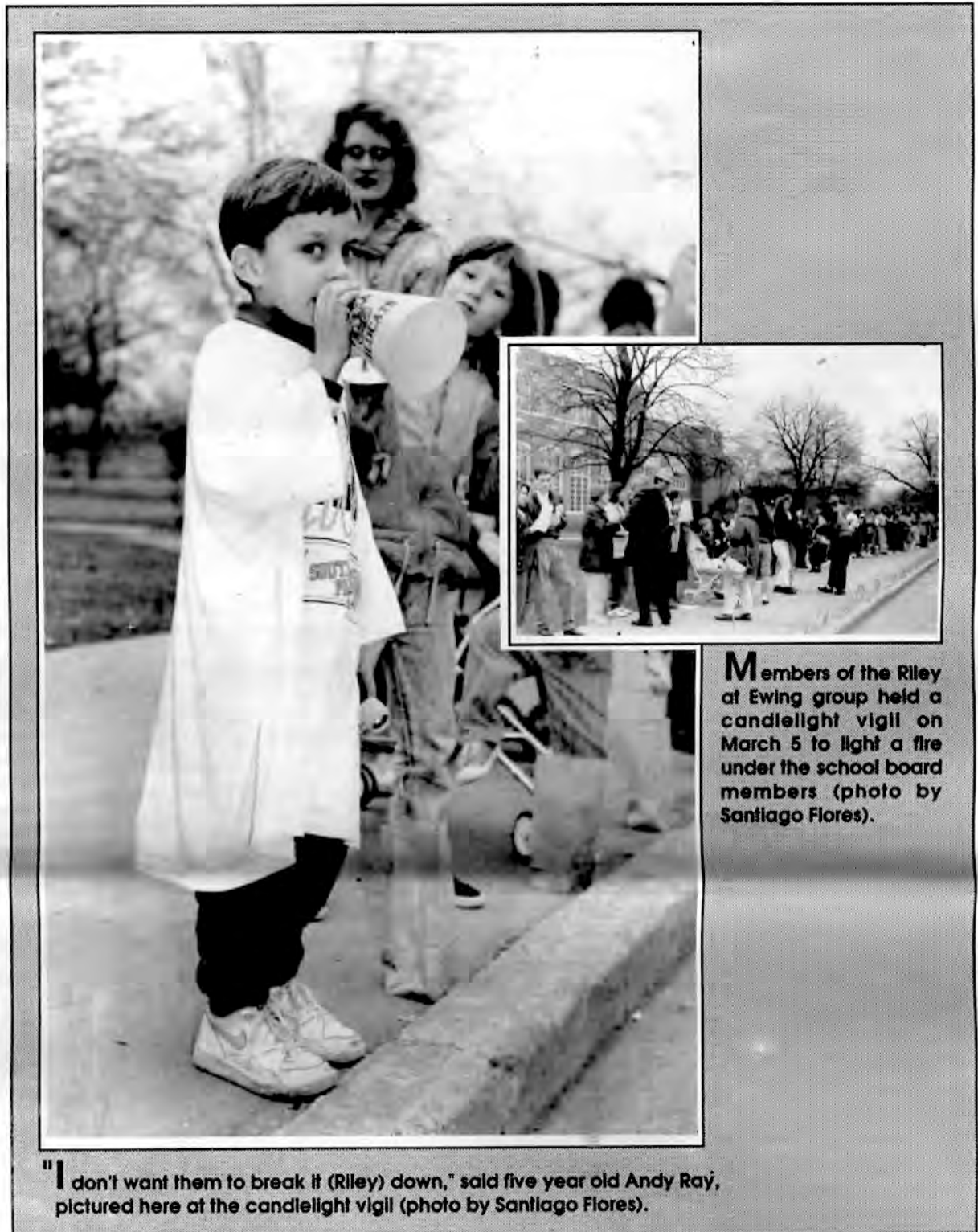
According to King, the mayor, the president of the park board and a member of the common council had an informal meeting in January. The school board members were told that the city would not give up the golf course.

At the March 9 meeting, the board decided to formally ask the city of South Bend for the golf course.

### Studebaker

King said that if the city will not give up the course, then she does not want Riley at Ewing. If the city says yes, she will have to closely examine the cost and time frame involved with this proposal. If both are reasonable, she said she would not be opposed to building on the Ewing site.

While the at Ewing faction has been very vocal in



"I don't want them to break it (Riley) down," said five year old Andy Ray, pictured here at the candlelight vigil (photo by Santiago Flores).

Members of the Riley at Ewing group held a candlelight vigil on March 5 to light a fire under the school board members (photo by Santiago Flores).

the issue of a new Riley, the group of people who think Riley should be moved to Jackson has been rather quiet.

"In the beginning of the process many people thought the school board would resolve the issue in a professional manner. They didn't think the community would need to get as involved as they have," said Lawna Graf, Riley parent who is in favor of moving Riley south.

As the issue became more heated, the reasons for silence changed.

"Individuals who had valid opinions (to move south) were criticized for those opinions and therefore felt threatened because of their beliefs," Graf said.

Another reason these people do not speak out is because some feel they are being harassed by the Riley at Ewing group, according to Judy Overmyer, Riley parent who is in favor of the Riley at Jackson plan.

At a PCN (Parent Communication Network) meeting with King and Robert Sweeney, school board members, people from the at Ewing group were calling the people who were in favor of the Jackson site yuppies and other names, according to Overmyer.

"Who wants to be harassed for stating their opinions?" she asked.

"In all the times I've been with the group I've never seen us harass anybody," said Ellen Mathia, Riley parent and active member of the Riley at Ewing group.

She added that she was not present at the PCN meeting, so she cannot comment on what went on there.

The issue of moving the school is a very emotional one, and some feel it is dividing the community.

"Part of the reason for the division is because there Riley: See Flip Side

## Hall passes: Due to recent crackdown, students found in the hall without a pass will be sent to lock-out

*By* Lindsey Cohn  
Staff Reporter

"Do you have a pass?" These four words are heard by every student at Riley that is stopped in the hall during class.

Since the second week of January, George McCullough, principal, decided to become more strict about students having hall passes in order to pre-

vent them from loitering in the hall without permission.

Before the enforcement of this rule, students were sent back to their class to get a pass, or were occasionally allowed to continue on to their destination. Now, if students are stopped in the hall without a pass, they are sent to lock-out.

### New Rules

According to McCullough, there were too many students in

the halls after the late bell, and being more strict with hall passes keeps them in class.

John Floyd, security guard, agrees with McCullough's new rule and said, "If we don't do this, the next thing we'll see is students on every floor after the bell rings."

Riley's other security guard, Don Wilson, said that the same students are usually in the hall, and after they have received

a warning about not having a hall pass, they are sent to lock-out.

Many people disagree if Riley has really benefited from

this rule or not.

Ben Lerman, senior, doesn't think that the rule was Hall Passes: See Flip Side

**"If we don't do this, the next thing we'll see is students on every floor after the bell rings."**

**John Floyd**



✓✓✓✓✓  
check it out!

#### ✓THESPIANS

The award winning Riley Thespians will present *Comedy Tonight!* A bill of three one act comedies on March 26-28 in the Riley auditorium. Cost of tickets is \$3 pre-sale and \$4 at the door. The plays include Michael Scanlan's *Just a Joke*, Pat Cook's *Baker's Dozen*, and Stephen Gregg's *Why Do We Laugh?*

#### ✓FRIENDS, INC.

Friends, Inc. members will be visiting all of the third graders in the five feeder elementary schools. They will be presenting a peer counselling program called *Chart Your Course*. High school students serve as positive role models in drug and alcohol resistance in this program. Teams of four members will be visiting different schools.

#### ✓SPANISH CLUB

The Spanish Club T-shirt is on the way. The candy sale was very successful.

#### ✓YEARBOOK

Students who have reserved a yearbook with a partial payment must pay in full by April 15 to reserve a copy. The yearbook will be distributed during the week of May 26. With 260 pages, it will be the biggest yearbook Riley has ever had.

#### ✓DEBATE

The Student Congress and impromptu speech competition will be held on April 16 and 23. Results of all St. Joe Valley League events will be announced on April 27 at the banquet at Bishops Buffet at Scottsdale Mall. Anyone interested in debating next year should see Gary King in room 201.

#### ✓T.R.E.E.S.

T.R.E.E.S. is sponsoring the second annual area-wide environmental conference for high school students on March 25 in the Riley auditorium from 8 a.m.-12 p.m. Presenters scheduled include Mayor Joseph Kernan, David Lodge from Notre Dame, and representatives from the Humane Society and the Environmental Protection Agency. Thirty high schools were invited.

#### ✓DECA

On February 28-March 1, twenty students from Riley High School competed at the State Leadership Development Conference. Angie Buckles placed third. The national conference will be held in Anaheim, California, from April 28-May 3.

✓✓✓✓✓  
check it out!

# Brains versus brawn:

## Do academic achievers get recognition they deserve?

By Stacey Verbanac  
Staff Reporter

National Merit Finalist, a 4.0, and tons of scholarships are going to give Jane Doe an exciting future! But who cares? Jim Bob just won the state wrestling championship and he is the one who made the big headlines in the daily news.

Such a scenario is a classic example of the way sports recognition is overshadowing academic recognition in our schools today.

Why are sports receiving more recognition? Tina Sipe, senior and varsity volleyball player, said sports, "are in the spotlight more."

"Academics are just not a very popular thing to announce," commented John Berta, Riley athletic director. Berta believes that academics might be receiving less recognition than sports due to a lack of a director.

"My job, as an athletic director, is to promote and recognize athletics," said Berta.

According to George McCullough, Riley principal, there used to be a program that recognized academics; that program was entitled the Student Recognition Program. Unfortunately, the program is no longer in use because the director transferred to Jackson Middle School.

However, students are receiving some recognition for their academic achievements. Riley hosts an honor breakfast, for example, at which all students with a 3.5 G.P.A. (grade point average) are recognized.

Students may also join the National Honor Society, which is purely an academic club, if they meet the 3.0 or better grade point average requirement. National Honor Society is a service organization whose main goal is to help out the community.

Another way students may gain academic recognition is by lettering in an academic club.

#### Lettering

Students now have the chance to letter in Speech and Debate, Quiz Bowl, Student Government, the Newspaper, and many other non-sports related activities.

However, some are against academic lettering. Berta said, "Academics ought to have an award, just something different than a letter jacket." Berta also proposed that if scholars obtain a letter jacket that they should receive an R instead of an SB.

Burton Brenneman, Riley National Honor Society sponsor, believes that students might feel stigmatized as a "nerd" if they were to letter in academics.

McCullough feels there should be a policy to honor academics, "There needs to be more emphasis on academics." He believes that a student's education should come first.

How do the students feel about sports vs. academics? "I



think grades are more important than sports because everyone needs an education," said Sipe.

Rochelle Chodock, senior and president of the National Honor Society, believes that academic achievers are motivated by an inner drive. They look at themselves and ask, "Is this the best I've done?" She also believes that academic recognition produces an inner-feeling of satisfaction and that no formal recognition can compare to that.

Commenting on academic recognition, Heather Ross, a senior and National Merit Semi-Finalist, said, "The measure of a person is more than what they know."

Even though these students feel that academic recognition is a feeling of inner satisfaction, they still believe that academics deserve more formal recognition.

Several students feel that a tutoring program should be offered for all athletes. The present program requires athletes to be passing in five solid subjects.

"I think you should be able

to pass all your classes to play a sport," said Sipe.

Tracy Taylor, senior and a varsity member of the football and track teams, believes that "Some athletes need help," which is why the tutoring would come in handy.

McCullough believes that, "Any student with less than a 2.0 average should be required to attend tutoring on a regular basis until his/her grade improves."

Colleges are also concerned with the importance of academics vs. the importance of athletics. A 2.0 is now considered to be too low to be awarded scholarships.

#### Colleges

The colleges have implemented a requirement entitled Proposition 48. This proposition requires students wishing to participate in athletics to obtain either a 2.0 and a 900 SAT score or a 2.5 and a 700 SAT score. Proposition 48 will be effective by the year 1995.

Berta is opposed to Proposition 48. "Not everyone can do

that kind of work," he said. Many high school administrators have mixed feelings on the subject because the decision was made without their consent.

McCullough said high school personnel ought to have been asked for input because they need to know how they can better prepare the students to meet the new requirements.

On the other hand, Brenneman thinks that the proposition is "long overdue."

Todd Wiczorek, a junior and a former "Athlete of the Week" for wrestling, agrees with Brenneman. He said, "If students are willing to put a large amount of time into practice, they should be willing to put the same amount into their studies, or even more."

Anthony Byrd, Riley assistant principal, is concerned with students who take sports more seriously than their academics. "I hope that by going out for a sport they don't neglect their education."

Corey Powell, senior and varsity football player, disagrees with Byrd. "Coaches make sure you're doing well. If you want to play you have to make your grades," said Powell.

This leads to what some consider the special treatment of star athletes. "The greater the athlete's potential, the greater the chance of favoritism," said Brenneman.

According to Byrd, the local media pays attention to athletics while barely ever mentioning academics. "The media tends to take an athlete and make him a superstar. The media then points its finger at the school if the athlete doesn't do well in the classroom. It's up to the individual," commented Brenneman.

In comparison, many scholars feel that it is up to parents to push for academic recognition. Without their parents, most agree, they would not have progressed as far as they have.

Athletic recognition may seem great now, but what about the future? "The glory athletes get now may seem great, but where will that glory get them if they end up flippin' burgers or pumpin' gas?" said Wiczorek.

According to Brenneman, academic recognition, "...is an extremely difficult thing to deal with due to the glamorization of the destructive, loud-mouth student on T.V." Television today teaches kids it's not the "in" thing to be brainy. Kids grow up with this stereotype and sometimes push aside their intellectual potential because of it, he said.

However, McCullough believes, "Riley has a lot of academic potential and that potential has grown within the last three to four years."

"I think students should be recognized for any outstanding achievement, whether it be academics, sports, or community service," believes Byrd.



## Caring teacher named the best in the building

By Krista Van Fleit  
Editor-in-Chief

By showing much care for students, and making them feel comfortable in class, Charlotte Totten, math teacher, has been honored as Riley's teacher of the year.

Totten thinks she was nominated because, "My colleagues have probably seen that I tend to be pretty well organized and kids enjoy coming to my class."

"She was nominated because she's fair, firm, consistent, and easy to get along with. She is an outstanding teacher who can relate and communicate with students and can address different learning styles," said McCullough.

Totten wants to emphasize that she does not think she's special.

"There are many teachers that probably make their classes much more interesting than mine, but I try my best to make each child feel comfortable coming to my class," she said.

Totten uses a very traditional teaching style.

She expects her kids to behave well in class and sets her expectations high, she said.

"I have a very structured and organized classroom. My kids know exactly what I expect of them and what they can expect of me," said Totten.

Many of Totten's students from the past and present like the fact that she always makes time for them.

"She tries to respond to every kind of person, she tries to form a relationship between teacher and student," said Thomasin Ruchti, junior.

"She loves each and every one of her students tremendously," said Robert Sever, junior.

Isaac Bules, sophomore, said he likes the way Totten is

always willing to help people on a one on one basis.

"Totten takes the average and below student, and they are able to work and achieve in her class. She's able to work with the student that nobody else can work with," said McCullough.

Leon Bendit, head of the math department, is retiring this year and McCullough chose Totten to replace him.

"I chose her because of her strong leadership qualities. She is really able to pull people together and she cares about her students, colleagues, Riley, and the community," said McCullough.

In her new position, Totten plans to improve communication within the math departments throughout the South Bend Community School Corporation, and work to make sure students are enrolled in the proper level of math, she said.

Totten has always been involved in Riley, and has much school spirit.

"My favorite thing about Riley is the people I work with and 99 percent of the students I teach," said Totten.

Totten has a lot of school spirit, which is shown through her choice of blue and gold outfits every Friday, and her participation in pep assemblies.

"Totten speaks very highly of Riley, and goes to athletic events and academic activities, which shows her involvement in the school," said McCullough.

Totten gave away a few of her teaching secrets.

"If you make kids feel comfortable and you get their attention, then you are able to teach them," she said.

Another secret is contact with the students.

"I try to make contact with every student every day. It doesn't have to be verbal, it can be eye contact or even a pat on the shoulder," said Totten.



Tanya Acito, Angie Adams, Lucas Battani, Amanda Burger, and Angela Butiste, juniors (left to right) look on as their fellow classmates are inducted to the National Honor Society (photo by Santiago Flores).

## NHS: Academic excellence shines with the induction of 45 new members

By Giao Duong  
Senior Staff Reporter

The tradition of Riley's academic excellence was apparent once again with the induction of 45 juniors into the Riley chapter of the National Honor Society (NHS) March 10.

A student who has maintained a cumulative 3.0 grade point average may be eligible for membership, however it does not

guarantee a place in NHS.

Junior Amanda Burger falsely believed that NHS status was based solely on

academic performance. "I used to think that if you had good grades, you could get in. After seeing the application, I found out differently. A lot of community service and leadership is involved."

People that were caught cheating on a test or skipping school were not accepted into the society.

NHS president and vice president, seniors Rochelle Chodock and Natali Balog, respectively, redesigned the application for membership and modified the essay question, because, "We think it is more concise. We wanted people to actually sit down and think about

NHS membership," explained Chodock.

The application consisted of an extra-curricular form, community service form, leadership form, honors and awards form, and an essay question, plus a character reference about the applicant.

Chodock said that all teachers are given forms to fill out with positive and negative points about the applicants, and then a faculty committee reviews the applications and references and

decides who will be accepted. Chodock points out that NHS officers are not present during this process. "Many

people are under the misconception that the officers are present."

Charlotte Totten, math teacher, only evaluates students whom she has had in class. She picks out exceptional students. She does not base this judgment solely on academic performance.

The exceptional students are, "The special people, the ones that stayed after school to work on spirit decorations, the ones that helped others in class," she said.

Honesty and attitude are the two main points on which Joyce Garretson, English teacher, bases her evaluation. She agrees with Totten that academic per-

formance should not be the only criterion for the decision.

"We already know that they have the G.P.A., now we have to look at their other qualities," she said.

Garretson notes cheating or any other things contrary to NHS principles.

Being accepted by NHS is a big responsibility.

According to NHS sponsor, Burton Brenneman, just being accepted will not keep a student in the society. "Each member must continue to maintain a 3.0 average and complete a minimum number of community service hours."

Chodock said that there is a minimum of ten community service hours for the two years in NHS combined. She said that many members perform community service in their churches and temples and homeless shelters, or some work as tutors. "Everyone does something different," she explained, so community service varies greatly.

According to Chodock, members should show support for NHS and are expected to show up at community events. "I hope they'll do more things in the community and realize that it's more than just a space on college applications," she said.

Senior Suzie Polsgrove did various activities for community service. "I worked at Kid's Kingdom, went to elementary schools to do a 'Just Say No' campaign, visited the homeless shelter, and did service for my church."

Natalie Garber, senior, visited retirement homes, played NHS: See Flip Side

**"We already know that they have the G.P.A., now we have to look at their other qualities."**

Joyce Garretson



Totten takes time out of class to help Bryan Vinegar with a difficult problem (photo by Matt Hoff).

## Quiz Bowl: Team ends successful season with unexpected loss

By Lisa Wojciechowski  
Editor-in-chief

Which of these instruments doesn't use a reed: oboe, clarinet, flute, or sax? Who was the first Polish astronaut? Where is the hall of mirrors located? Questions like these are heard at a Quiz Bowl match.

After one of the best seasons the team has had, the team ended with an unexpected loss to LaSalle in their first playoff match earlier this month.

If the team would have won the playoffs, they

would have advanced to national competition at Rice University in Houston, Texas.

"We played very poorly. We missed a lot of questions in the sixty second round," said Robert Sever, junior.

Sever added that the team members interrupted many questions with wrong answers at the end of the match, which may have cost them the match.

The *Pride of the South Side*, as the team is known, finished its season with a record of 8 wins and 2 losses. According to Joyce Garretson, the coach, this is one of the best records the team has posted in a long time.

Garretson said, "Our two losses were to Penn and Marian, and each was by only one question."

One of the team's greatest victories was the win over St. Joe.

"We were excited to beat St. Joe. Last year we lost to them, they beat us very badly. We wanted to keep our winning record," said Sarah VanOoteghem, senior.

In typical Quiz Bowl matches there are four rounds, with one bonus round and one sixty second round, according to VanOoteghem.

The team got a lot of help from their Quiz Master, Quiz Bowl: See Flip Side



## Editorial

### Riley lacks spirit as a whole due to class competition

Get up, get up, get up, get up, woo! Freshmen, **FRESHMEN!!!** Sophomores, **SOPHOMORES!!!** Juniors, **JUNIORS!!!** Seniors, **SENIORS!!!** Riley, Riley.

This is the way this popular cheer sounds during pep assemblies. It seems as if people are more concerned with making their class the best and loudest, than cheering to support the school.

During spirit week, the competition between classes for the hallway decorating competition was fierce. Accusations of parents helping, people buying things exclusively from one store, working past deadline, and stolen ideas were flying.

Many of the students working on the hallways were so caught up in the idea of winning at all costs, they did not even have fun. In some of the classes, parents and class sponsors cared more about winning the competition than their students did. If the students do not feel motivated to do their best, their parents and class sponsors should not pressure them to win the competition.

In the future, every class should just realize that spirit week is an activity designed to boost the spirit of the entire school, and has been a tradition at Riley for many years. Everybody should do their best, but they should relax and have fun, and work to boost their school, not put down other classes

During spirit week, there were five dress up days. A few people dressed up on class color day and blue and gold day. Very few people dressed up for wild west day, masquerade day, and dress like a teacher day. Perhaps this is because dressing like a cowboy or in a Halloween costume took too much effort. Perhaps also, students are showing their true colors by only giving 100 percent when the activities are drawn up according to class lines, and not when they are "whole school" activities.

The students who displayed spirit for their classes are to be commended, however, they should start working harder to promote spirit in the school as a whole. In the future, the school should also make it easier for students to want to have school spirit. There could have been prizes for students who dressed the best on certain days, or special recognition for them at the pep assemblies.

### A survey of the women's restrooms

Location	Number of stalls	Working doors	Disposals
First floor	8	5	2 (one with no doors on stall)
Second floor	8	4	1
Third floor	8	3	2 (one with no lid)

Letters to the Editor

#### POLICY

The Review reserves the right to edit the content of any letter without altering its intent. All letters must be signed, but names will be withheld upon request and with good reason.

### Forewarning to driving daredevils

Suppose you're going down the road with your friends, see a hill, and decide to get airborne. Before you do, think about the consequences. You can roll the car into a ditch, flip it, or worst of all - kill someone or yourself.

Reckless driving claims many lives each year, mostly teenagers. All of the pain of death, losing your car or a friend would be hard for anyone to live with. A couple days ago, I was driving my dad's car down a country road. An idea came up to try and get airborne. I went along with it. When we landed, the car was sprained and the radiator was busted. A passenger had sprained his back and had to be taken to the hospital. We're very lucky that no one was seriously hurt or killed.

Before trying some stunts, think of the outcome. Do you want to kill your friends or yourself? Do you want to trash your parent's car? If this happened, would it be worth the few seconds of so-called fun? Think about this before you commit yourself. You have no one to impress by reckless driving, and you just might save your life.

Colby Smith

### Girls' bathrooms in dismal state

This is in regard to an issue which has brewed inside of me and many other young women for years. I might warn-its contents may not be suitable for sensitive (or male) readers, but I'll do my best to present it in a cordial manner. I would like to know if the Riley staff or even the male student body is aware of the unsanitary conditions in the women's restrooms of this building. At no discredit to the janitors, of course, they keep them as clean as they can, I've taken it upon myself to take a survey of our "facilities" to prove an important point (see adjoining box).

I'm no longer making a petty complaint about the issue of no doors being on the stalls. However, a certain amount of privacy is required for young women to tend to personal monthly duties. There's nothing more unsanitary and absurd than not having a proper way to dispose of feminine products. The lack of disposals not only forces people to place their products in improper places, but also deters some from even using the restroom - even if it's really needed. Having disposals is not a luxury, such as computers or needed technical equipment, which this school obviously can't afford - but a NECESSITY. It's time for the faculty to wake up to this obscene realization. Isn't this against some kind of health code? Perhaps this is why separate toilet facilities are provided to the staff, but I'd nearly bet my diploma that the conditions for adult female teachers are not, in fact, "separate but equal."

Hillary Tetzlaff

## The Review

The Review is published by the Publications staff at Riley High School, 405 E. Ewing, South Bend, Indiana, 46613. The intent of The Review is to inform the public of events occurring within and outside the school. Any opinions expressed in this publication are not necessarily the opinions of The Review, except for the editorials in the Viewpoints section. The Review gives the right to print others' opinions, but is unbiased and does not support them.

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# What do you do when police show prejudice?

By Stephanie Tezich  
Feature Editor

Prejudices are classified in many different ways. Through experience the word "prejudice" often times takes on a personal definition. This is what "prejudice" means to me.

Within the past year you've heard of several instances of police violence against blacks, such as against Rodney King, who was brutally beaten in Los Angeles, California, this past summer. Although it shouldn't make a difference, keep in mind that I'm white, and the friends I was with are black.

I remember thinking to myself when I first heard about what happened to King, that nothing like that could or would ever happen in my home city. Well, I was wrong, and I know because something similar happened to my friends and me. Fortunately, none of us were injured to the degree that King was, but I'll never be able to look at the police as people who serve and protect again. The handling of this situation should never have been allowed.

It was a Monday night, shortly before midnight. My friends and I had broken the curfew law of 11 p.m. on weeknights, which in no way justifies the treatment that we received that night.

We were pulled over for acting "suspiciously" after going under a much vandalized bypass bridge near a friend's home. As we were traveling under the bridge a police car traveling in the opposite direction, did a u-turn and closely followed, with the bright lights glaring into the back of the car.

We pulled over moments after the lights were turned on. The officer shined his flashlight into the car and into my face. I told him my name upon request and he proceeded to ask the other passengers for theirs. Next, he asked me to step out of the car. I did, and the officer asked me to

step over to the side. He made me feel as if I were special or "better" than my friends because I was white.

He asked me questions such as "What are you doing with these kind of people?" and "Are one of these guys your boyfriend?"

I didn't really understand what he meant about me being with the "wrong people" because we hadn't done anything wrong. They harassed me with their questions, and insinuations that I was with my friends against my will.

At first I had the attitude that the officer was only doing his job, but after being asked the same question several times by two different officers, I realized they were trying to hassle me. By this time two other off duty officers had arrived. I was left aside for awhile.

I don't know what they were talking about, but the three officers discussed something for quite some time. Next, the first officer on the scene approached our car a second time. This time he removed one of my friends. He told my friend to spread his legs and put his hands on the car. He searched him.

The officer told him to move to the back of the car and he did. Moments later he was ordered to move to the squad car.

Now, if I hadn't seen it with my own two eyes, I may not have believed what happened next. Just as my friend was placing his hands on the squad car, as instructed, an officer just arriving to the scene intruded and began hassling us. He demanded my friend tell him what he thought was so funny. As far as I could see, my friend found nothing funny at all, and told the officer we hadn't done anything wrong.

The officer stuck something behind my friend's neck and cuffed him. He knocked him against the car and smashed his face against the hood. He used obscene name calling and dragged him into his squad car,

pushing him into the back seat and instructing him to stay down. I hadn't the slightest idea what we had done wrong, and I couldn't believe how out of hand the situation had become.

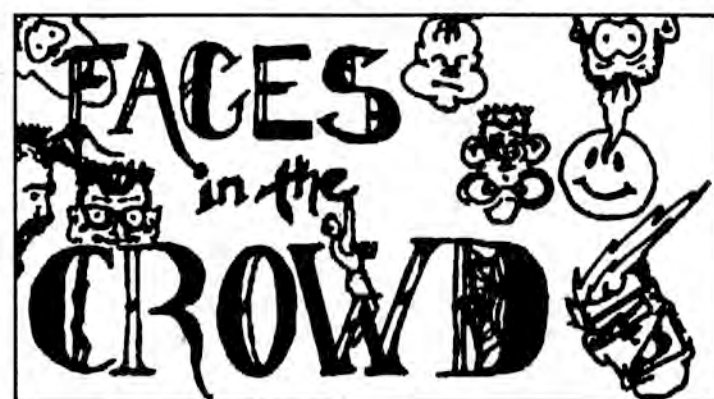
Watching this happen to my friend, a tear welled in my eye and I became frightened. I knew to any pedestrian passing by that what was going on had to appear to be a drug bust or at least a seriously threatening situation. After all, there were four police cars called to take care of some kids who were acting "suspiciously."

An officer told me that there had been a call that someone was vandalizing the bypass bridge. It obviously hadn't been us, and I'm pretty sure that the officers were now aware of that. Later on one of the officers admitted that we had been at the wrong place at the wrong time and should not have been stopped at all.

How ironic, there I was sitting in the back of an unmarked police car, my friends handcuffed and frisked, having broken no law other than curfew. The officer called the dispatcher to check on my friend's driver's license. The dispatcher informed the officer there were no points on his license, but that "he's supposed to be wearing glasses" in a sneer.

"He has glasses on," the officer answered in disappointment. Then he jokingly asked if it said anything on the record about a Pistons hat being illegal (the driver was wearing one). How could anyone expect me to have any respect for someone that treated a situation so unprofessionally and treated law abiding citizens so unfairly?

I was baffled by the entire situation. I'm white and the friends I was with are black. That's the only plausible explanation for the way we were treated. I used to hear stories like this everyday, but I always thought that they were exaggerated. Now I know that that's not always the case.



## How do you cheer yourself up when you are depressed?



"I talk on the phone and get people to cheer me up."

**Heather Hoover**  
freshman

"I hang out with my friends."

**Mike Kimble**  
freshman



"I go and talk to my grandma."

**Dawn Stork**  
sophomore

"I go to the park and play basketball."

**Lamont Chatman**  
sophomore



"I listen to the radio and have my friends cheer me up."

**Tara Condon**  
junior

"I call on Jesus and I pray about the situation."

**Joshua Mariner**  
junior

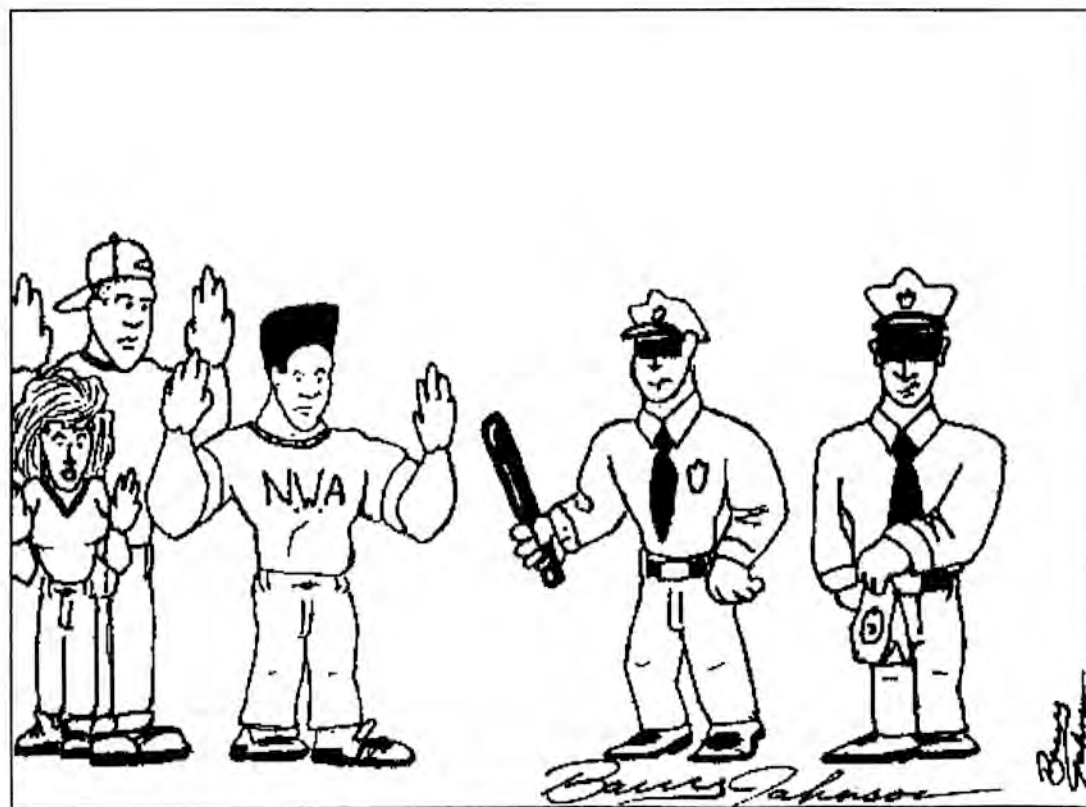


"I don't just sit there and think about it. I'd do something to keep myself busy."

**Kim Deka**  
senior

"When I get depressed, I sleep."

**Jason Taylor**  
senior





## Depression: It's not just the blues

By Lisa Wojciechowski  
Feature Editor  
Trisha Vaughn  
Senior Staff Reporter

It's reaching epidemic proportions, and it's tough to diagnose and treat. The illness isn't fatal, but it can cast a pall over all of the life.

It's teenage depression, one of the most pervasive psychiatric disorders, according to the 1990 edition of *Teenage Depression*, a book by Herma Silverstein.

### Factors

Teens face social problems, stress from academics, peer pressure and all these problems can result in depression. According to psychologist, Tony Berardy, from the *Family Learning Center*.

"A violent society, newfound sexuality, and the availability of drugs have all taken their toll on the teenage mind set," said Berardy.

Depression is not having the blues, it is a serious problem that needs to be treated.

"Normal adolescent blues are short-lived and can be instantly relieved by something happy or exciting occurring. On the other hand, teenagers with true depressive illness continue to feel sad, sometimes for months, no matter what happy or exciting events occur in their lives. A truly depressed teenager could be given a car of his or her choice and still feel sad," according to Silverstein.

Different things can trigger depression. Freshman, Jack Davidson fell into depression as a result of drug abuse.

"The way my life had been going since as far back as I remember caused me to slip in and out of depression. It seemed

that nothing could go right for me," said senior, Jennifer Carlson.

Freshman, Christopher DeFreeuw became depressed because he had problems with his family and authority figures.

"My parents had expectations of this perfect child and it seemed I just wasn't living up to them," said senior, Ashley Smith.

"Before I went away I was never home. I always fought with my mom. I didn't like higher authorities," said Davidson.

Davidson said he had very low self-esteem. Criticisms that people made about him bothered him.

When an individual is diagnosed as being depressed they undergo counseling. Some even go to mental hospitals. Medication called antidepressants are given to control depression.

"Antidepressants do not affect the illness itself, but rather control the symptoms while the person's depression is running its course," said Silverstein.

DeFreeuw was on Ritaline, Lithium, and antidepressants to control his illness.

"In the hospital I was on Norporin, antidepressants, and a stimulant for concentration," said Davidson.

### Solutions

There are solutions. Berardy recommends doing a "values clarification," which is taking inventory and finding out what's most important to you. Set goals in education, find out what to do in the future and how to achieve the goals you set. Also, seek out healthy, helpful, positive peers and adults to communicate with.

Seek help through counseling if you feel you can't cheer up on your own, said Silverstein.



## Mental illnesses require special attention

By Stephanie Tezich  
Feature Editor

Depression is a serious mental disorder that many may feel they can tackle alone, but others need help to smile again.

Charter Hospital, Madison Center, Oaklawn Hospital, Kingwood Hospital, and other private practices make up the majority of centers where you can seek help. These places offer confidential counseling for their clients.

Mark Geissler, a therapist at Madison Center, says that when a patient comes in and he suspects that they might be suffering from depression the most important thing for him to do is to find out if that person has attempted suicide, is thinking about suicide, or has made out a plan to kill himself that he is waiting to execute.

"With depression suicide is always possible, so it is very important to find that out first," said Geissler.

Sometimes with severe depression, especially when suicide is a factor, patients are hospitalized.

"When someone has attempted suicide already or has a definite plan and I feel they are at a very high risk, I would have them hospitalized," he said.

Tammy Meyer, a counselor at Charter Hospital, says that they have three main criteria for in-patient care. The person must be suicidal, homicidal, or have had out-patient care fail for him or her already. This is usually determined in the free evaluation that is given when the patient first arrives at the hospital.

According to Geissler, not all stages of depression require hospitalization. He ex-

plained that if the client has not attempted suicide, but, has only thought about it he is less concerned.

Geissler said that if he didn't feel that the person was at a high risk he would do two things: first, he would set up a suicide contract with that person that reads "If you are going to hurt yourself, or you feel like you might, you will contact me or someone close to you before anything happens." Then he would recommend that the individual see a psychiatrist.

People in out-patient care usually have problems such as poor grades in school, not getting along with parents, being very emotional, and feeling stressed out, said Meyer.

Sometimes the simplest things can help ease depression.

Geissler said that it helps a lot when the therapist and the patient have a good relationship.

"I will encourage someone to do something that they like to do, even if they don't think they feel like it at the time. Being active and not sitting around is very important," said Geissler.

Meyer added that people who are depressed will often times exclude themselves from socializing with people. This she says, only makes it worse.

Meyer says that it is very important that you socialize, eat properly, get enough sleep, and work on being around people who are positive.

And according to Geissler, people who are depressed will often give warnings. These people will say things like, "I wish I were dead," "I'm not what I used to be," and "I want to give up."

He says that if someone is giving signs of depression, they need to seek help.

### According to Silverstein symptoms of teenage depression

1. A feeling of sadness and hopelessness to stop feeling stressed out all the time.
2. Moodiness. Depressed teenagers may feel sad for weeks at a time.
3. Eating disturbances. Depressed teenagers may change from their normal eating habits.
4. Sleep disturbances. Nightmares, waking up early, due to the stress.
5. Changes in social life. Depressed teenagers often refuse phone calls.
6. Chemical abuse. Depressed teenagers may use alcohol, drugs, or depressants, not realizing the danger.
7. Loss of interest in pleasurable activities they used to enjoy, such as watching television, listening to music, or being involved in new activities.
8. Suicidal ideas. Depressed teenagers may think about or attempt to kill themselves.



# Depression Facing teens

## Teen seeks refuge from depression

By Anonymous  
Guest reporter

It can happen to the best of us. So many times you hear about teen suicide, or depression that it seems to be run into the ground. But if writing about my experience helps one person it's all worth it.

Several times in my life, like any normal teenager, I have suffered depression, or cases of low self-esteem. Too much was over my head, the holiday seasons were approaching, and our house was always full of people.

This blue funk usually lasts for a day or two and I am fine, but this time it didn't end.

School had just let out for Christmas break; it was a time of giving and sharing. I knew what Christmas meant, and basically I really didn't care. All I kept thinking was: how can a society let children live homeless when there are rich living in mansions? Why do people have to starve when there is such an abundance of food? Why are people dying when there is so much technology? I felt helpless and afraid.

How could I enjoy the festivities of the holidays and be social, pretending all was O.K., when my world clearly was not? I felt it was my responsibility to do something. I can't live in a world of passive people and keep on contributing nothing. I did not want to be involved in a world in which no one seems to care.

There would be times that I would leave my house and not come back until the next day. I would often visit a good friend, and spend the night talking. The only comfort I found was sleep, there I could slip into a magical abyss where nothing harmed anyone.

I would start sobbing on how difficult it was to be alive. I could not understand why it was so hard to follow my own convictions. I really did not know why my feelings were so strong that they would overwhelm my every thought. I was not able to deal with my emotions. I let everything bother me.

My future seemed so unclear. I really wanted to succeed as a positive helpful person. But how, how in a world of intense competition was I to be the best, and contribute something worthwhile to the world?

How could I be such an uncompassionate person and turn my head at a homeless person? I couldn't even get along with my brother, how was I going to save the world?

Many other things were also pressing on my conscience. There was the anniversary of my parents' divorce, my birthday, my best friend's mother's death, the loss of privacy due to all our house guests all contributed to my stress.

For four weeks I kept this train of thought. Every thing to me seemed like there was no way out. I thought about suicide, but I knew it was the most selfish act a person could do. Plus I did not want to be known as a quitter.

I stopped talking altogether, my perspective on things was negative. I really began to hate who I was, and what I had allowed myself to become.

What I really wanted were answers, answers no one could give me. So I quit looking at the beauty in life and the things that I did have and started wasting my time with the negative. The simplest of decisions became major dilemmas.

Many times my parents tried to get me to see a counselor. In the past I had seen so many counselors I felt there was nothing they could tell me that I did not already know. But I knew the only person that could help me was me. I had to re-evaluate myself and see why I was so depressed. I came to many conclusions, one in particular which helped. I knew If I tried my hardest and gave my best effort that was all I could do.

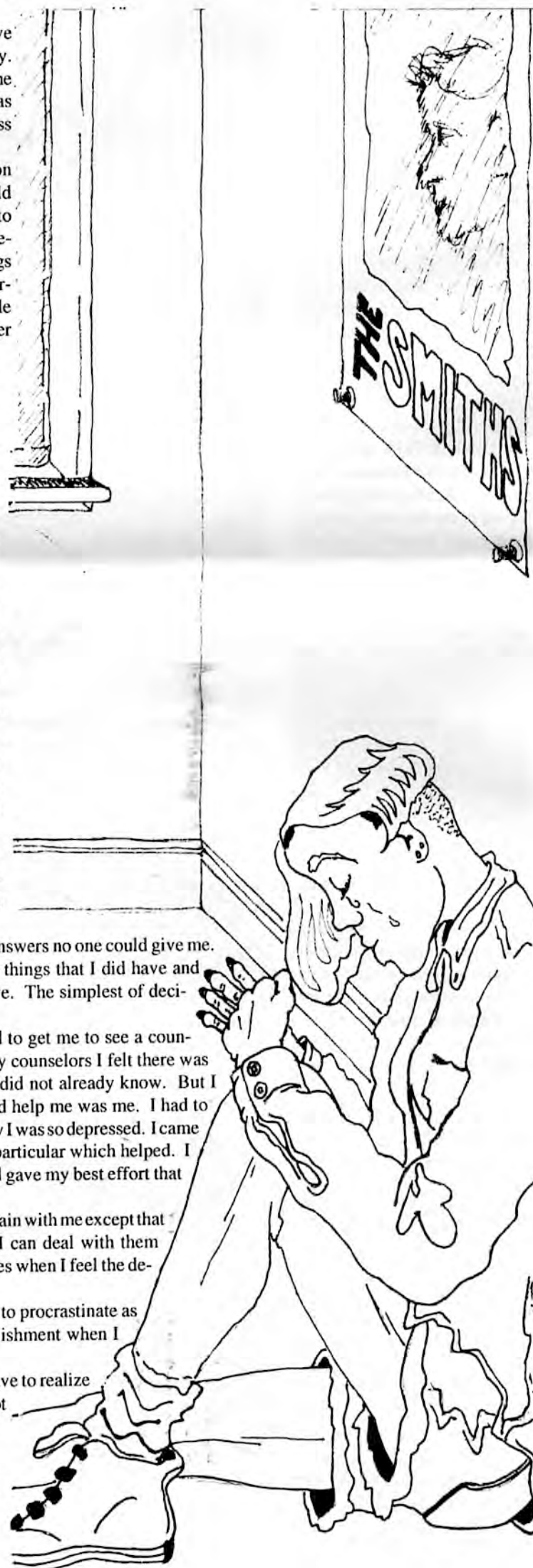
The feelings still remain with me except that now they're not as strong and I can deal with them on a day-to-day basis. There are times when I feel the depression is beginning all over again.

So I deal with what I can, and try not to procrastinate as much as possible. I feel a sense of accomplishment when I make a list and am able to cross things off.

The best advice I could give is you have to realize what you want out of your life. You can not allow anything to come between you and your goal.

You are the only person who can make it happen, so stop waiting for some big sign to change your life.

You must do it alone.



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age depression are:

ness. Depressed teenagers believe there is no way  
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rs experience alternating feelings of anger and

teenagers either eat too much or too little, and the  
habits continues for a long time.

are common, as is difficulty falling asleep, or awak-  
all the anxieties they feel.

d teenagers stop spending time with friends. They

nagers abuse drugs and alcohol to relieve depres-  
they become "hooked" on drugs. Because alcohol

ood elevators, the teenager's depression worsens.

activities. Depressed teenagers find no pleasure in

as going to movies or rock concerts, reading books,

music, or participating in sports. Neither do they get

ers become obsessed with death, and some actually



## Public affection:

## Too sexy for these hallways



*By* Tim Firestone  
Senior Staff Reporter

Where do we draw the line on what is an inappropriate public display of affection?

I believe that people in this school take it to the limit and sometimes a lot further. You see people french kissing in the hall all the time. I think this is definitely disgusting and could be considered foreplay, not affection.

This is a private thing that should be kept private. When I see this unacceptable behavior I am tempted to give the lovebirds \$20 for a hotel room.

I think that PDA (public display of affection) makes a couple look bad. Are they simply showing off or are they just ignorant? I mean it's not like they can't wait until after school. You have to ask yourself, would they do this in front of their parents? I have a hard time believing that these people would. So why should they be allowed to kiss like that in school?

I mean there is nothing wrong with a little peck on the lips or cheek, but we don't need a sex education demonstration in the hallway. I see teachers looking at kids in the hall when they are getting hot and heavy and I can just tell that they are offended.

Do they have the right to tell these kids to stop? While kissing may not be against school rules, it seems a teacher should be able to stop a morally offensive act.

French kissing should be a special act to show the love you have for your partner. It should not be shared with the hundred people that walk by. There are other ways to show everyone that you love your partner like holding hands or giving a hug.

There have been times when a certain couple got really involved right in front of everyone. They were french kissing and the male's hand knew no limits!! Come on now, is that appropriate behavior for a so called business environment? I don't think so!

I understand that kids don't get all the privacy in the world at home and that the hormones are flowing, but we need to act somewhat mature. We are not kids, but in reality, young adults. And adults must accept some responsibility for their actions.

There should be a school rule forbidding heavy kissing in the hallway. I realize that there is a fine line to be drawn, but we have to start somewhere.



Angie Bassett, senior, challenges the underclassmen with her spirit at a pep assembly (photo by Santiago Flores).



Ain't this Indiana weather swell? One day you wear shorts then the next day you have to wear gloves and scrape your car.

Riley drivers have the disease called "amnesia of the lines." They seem to redesign the parking lot when it snows. Instead of parking in spaces they park horizontally and in circles. I start to drive down an aisle and get trapped. I realize that parking when there is snow on the ground is pretty difficult, but if you just picture how you would park if there were no snow on the ground, everything would be just fine.

The grading period ends in seven days. That's right, so all you people who like to play catch up with your grades, the time has come for you to panic.

The time has also come for you to start thinking of who you want to take to prom. Use some of Van Dusen's suggestions of how to be nice to girls and find yourself a date. Don't be a jerk, and you better open the car door for her!

But keep up the faith, spring break is coming soon!

## Long term relationships prove to be rewarding

*By* Amanda Abigt  
Sports Editor

"Why must I be a teenager in love..." Dion

"You're too young to get so serious. Why don't you just date around for awhile? I hope you know what you're getting yourself into."

These are statements that I hear quite often. I have been dating the same guy for over two years. If I were older, this would be no big deal, but since we are both in high school, it is considered a phenomenon.

Two years ago I never would have believed it if someone would have told me that I would become involved in a serious relationship. At that point, I was a freshman and I was very much enjoying my 'freedom.' I had recently just gotten out of a relationship. To me, it just seemed too hard to get so attached to someone and then face an uncertain future.

Now, I think that our peers look at us as unique. It's harder to have a 'normal' social life because after awhile, your friends think that everything you do is together. Contrary to popular belief, not all couples spend all of their time joined at the hip. Most couples like to be together, but they also like to have time with their friends.

It means a lot to have someone to share things with. I truly feel that I can tell him anything. Never in a million years would I ever have believed that I could tell a guy how I feel about lots of things. He seems to understand things better than my girlfriends do.

A relationship like ours is also a learning experience. He knows almost everything about me, as I do about him. I also think that I am more mature because of him. He came into my life at a bad time, but he stayed by me and helped me to 'clean up my act' and sort some things out.

Most adults never cease to amaze me. On one occasion I actually had someone tell me that, "I was too young to know

what I was getting myself into."

Just because I am considered a "child" doesn't give her the right to tell me what I think and feel. Believe it or not, I can make my own decisions.

There are quite a few adults who understand. My parents met during their senior year in high school and they were married shortly afterward. They have lasted for nearly 25 years. I'm hoping that we might eventually follow their model.

He never pressures me to act a certain way. I can always be myself. Also, appearances don't matter as much as they used to. It's not as if I'm constantly trying to impress him.

I also think there is a certain feeling of security that goes along with it. I don't have to go through the stress of finding a date for prom. It's a nice feeling to know that I already have a date.

Sometimes we can be together and just do nothing.

If you want a relationship to work, you shouldn't feel any pressure. It seems that as soon as couples in high school last for more than a few months, it is automatically assumed that they are having sex. This isn't always true. It just won't work if you're constantly hounding a person for something. If you start out as friends and get to know each other before you decide to get serious, it will be easier.









Although there are many pluses to having this kind of relationship, there are drawbacks. We have had fights that I thought would be the demise of 'us.' If you just keep a mature outlook on things and try to see it from the other person's eyes, you can work it out.

When you get into a serious fight, you need to stop and walk away. You're more liable to say something that you don't mean in the heat of the moment.









Long-term relationships are definitely not for everyone. Although many people feel that you can "miss out on your high school years," that's not necessarily true. You don't miss out on anything, you just get to experience things through two people's eyes.

# UPS-N-DOWNS

## Thumbs up

-  to those who participated in spirit week.
-  to the winter athletes for doing a good job and to the spring athletes for going out for your teams.
-  to juniors for winning the hall decorating contest for the third year in a row
-  to the quiz bowl team for their great record.
-  to the the great Mardi Gras celebration this year.
-  to spring break being just around the corner.
-  to the yearbook class for finishing the yearbook.
-  to the cute shorts and tee-shirts being sold by the economics classes.

## Thumbs down

-  to the fickle weather.
-  to the bickering about where Riley should be in the future.
-  to the accusations of cheating during the hall decorating contest
-  to selective use of the third floor computer lab
-  to people who take up two spaces in the parking lot.
-  to not having any days off of school in March.
-  to having a test in every class every Friday.
-  to fights in and outside of the school building.
-  to people who spit chew on the floor and steps.



# Budding scientists enjoy Wibbens' challenges



John Wibbens, biology teacher helps Howie Levin, freshman with his homework (photo by Santiago Flores).

*By* Tom Wilson  
Staff Reporter

Upon entering biology room 316, one immediately senses an enthusiastic teacher. His room is entirely filled with colorful and informative concepts, images, and inspirations.

The walls are hidden with posters and the counters are covered with everything from tubes to tweezers. That teacher is John Wibbens.

"I enjoy teaching because it is a constantly changing challenge," stated Wibbens.

Senior Ken Wilson, former biology student and teacher's aid of Wibbens, commented,

"Mr. Wibbens is an excellent teacher, as well as outgoing and energetic, yet firm. I think there should be more people like him."

Wibbens entered his first year of teaching in Marion, Indiana, for one year. He then moved to South Bend and taught in Catholic grade schools, fourth through eighth grade science. At last, he taught at Jackson Middle

School and came to Riley along with the ninth to high school.

Wibbens makes science come alive for students.

"He told corny jokes, and they were funny which made biology fun," said senior, Emily McIntyre.

Sophomore, Luke Wilder commented that Wibbens' sense of humor and the hard work that he assigns help him learn, and it makes biology more interesting.

"He's a great science teacher who gives 100 percent. He broadened my horizon and gave me a better understanding about biology," remarked sophomore, Jack Ross.

Wibbens was motivated during his ninth grade biology class to become a teacher.

"I had a biology teacher, Stan Klaybor, who recently retired from S.B.C.S.C. (South Bend Community School Corporation). His approach and enthusiasm for biology made me interested in the topic."

In addition to being a biology teacher Wibbens enjoys putting around with automobiles. He likes restoring old cars as well as buying and selling them.

"It's just something I like to do because it's so different from working with people."

Wibbens also is involved in many programs. He wrote the curriculum for the new Genetics

class, and sponsors T.R.E.E.S. (The Riley Environmental Education Society), and biology camping trips.

At Ball State University during the summer of 1984, two professors thought that it was important to re-educate teachers on genetics.

"I was part of a team of high school biology teachers who wrote a curriculum for teaching other teachers about human genetics," said Wibbens.

"He is a great innovated, caring, dynamic teacher," commented George McCullough, principal.

Currently Wibbens is teaching a class at Saint Mary's which includes both Saint Mary's and Notre Dame's students combined. It is the last class that secondary science teachers take before they student teach.

"Last year, I taught only four students the whole year. This year, I am only teaching one student. I would like to encourage young people who have interest and ability to get involved in science education," he said.

What is the best thing that has ever happened to John Wibbens during his teaching career?

"Having the opportunity to work here at Riley in an academic atmosphere where you are constantly encouraged to do things and given freedom to run with your imagination," he said.

## Chew it over:

### The dangers of chewing tobacco aren't worth the risk

*By* Kathy Vandusen  
Viewpoints Editor

An estimated 12 million Americans regularly use, snuff, twist, plug, and other types of smokeless tobacco, according to an article in the *South Bend Tribune*, February 16.

Smokeless tobacco is a dangerous and possibly deadly habit. People who chew run a four to fifteen times higher risk of contracting oral cancer than non-chewers, said Jerry Taintor, D.D.S in his book *Oral Report*, 1988.

Scott Jones, \*junior, said he's not worried about getting cancer because every time he gets a sore in his mouth he quits chewing until it goes away.

"I used to chew and my gums receded and would flake away when I brushed my teeth," said Matt Lee, \*senior.

"Kids think they're going to live forever. Unless they have someone they can relate to, they don't listen to you when you tell them they can get sick and die of cancer if they use the stuff (chewing tobacco)," said Betty Marsee of Reading, Ohio, in the *Tribune* article.

Her son, Sean was a senior in high school when he died of mouth cancer his doctors attributed to chewing snuff.

People chew for many different reasons. Jones said he chews because it tastes good. He also said he started chewing because his friends influenced him to.

Jim Richards, junior, who used to chew said, "When I first started it was because my friends influenced me. I liked it because it gave me a buzz and it relaxed me."

Wilson\* said, "I would never persuade my friends to start. I also don't go around publicly flaunting it like it's a great thing."

"I'm not addicted because I can stop whenever I want to," said Jones. Wilson said, "I'm trying to stop but it's very, very hard."

James Warren, health teacher, said he has a video he shows his classes that reveals chewing is more addicting than smoking.

Chewing can also be a very disgusting habit, some claim. Senior, Staci McQueen's boyfriend, Darin Stull graduated from Riley in the class of 1990.

McQueen said, "I won't kiss him after he chews until he brushes his teeth. His breath smells, his teeth are yellow, and he has pieces of chew stuck in them."

Some guys will chew in front of girls they respect and some won't. Jones said if he was on a date or with a girl he liked he

would not do it in front of her. He also said he does not do it in school except on lunch.

McQueen said Stull always has his spitter (something you spit into) with him and he is constantly spitting.

Wilson said, "I usually don't do it around girls I respect unless they don't mind."

Smokeless tobacco causes stained teeth, bad breath, tooth sensitivity, cavities, and gum recession. Other consequences include tooth loss, addiction, irritation of the mouth and tongue tissue and cancer, said Elber Glover, a professor of psychiatry at the University of West Virginia, as quoted in the *Tribune*.

The law in Indiana says that you have to be 18 to buy tobacco. Tammie Van Buskirk, a certified customer service representative at 7-11 on Miami Street in South Bend said, "Most of the people who buy chewing tobacco are young men and if they look young we check for I.D."

There are different punishments for students caught using smokeless tobacco. The *South Bend Community School Corporation's Code of Conduct* states that any student caught with smokeless tobacco in school, on school grounds, or at any school activities, will have his or her parents contacted, and

he or she will have to serve two days of out-of-school suspension.

John Berta, athletic director, said athletes who get caught using smokeless tobacco will be punished by the code of conduct rules and they could also be suspended from the team, depending on the coach.

John Nadolny, baseball coach said when he catches one of the guys on his team with chewing tobacco at practice or at a game he follows the code of conduct and he makes them run laps. Nadolny also said that it's false to think that baseball players are the only people who chew because it happens in every sport.

Donald Wilson, security guard and J.V. basketball coach said, "Athletes can be suspended

for up to six months for using substances."

Warren said he's never actually caught anyone using smokeless tobacco but he did expel a student from his class for a few days when he found cups of tobacco spit in his desk.

How do you inform students of the dangers of smokeless tobacco? Warren said, "The video I show the students is very good and illustrates the dangers of inhaling snuff and chewing tobacco."

Warren said he does not yet have a unit on it, but there is a chapter on it in the health book. He said some good posters in the halls might help, pictures of people's mouths after years of chewing.



Senior Don Moody spits his dip (photo by Thad Schmidt).



# Medieval madness comes to the 90's

By Stephanie Heminger  
Senior Staff Reporter

"Oyez, oyez! Good gentles, may I have your attention? Court shall begin in fifteen minutes! Thank you!"

These words, explained by a herald (a person who makes announcements), is not an uncommon thing to hear if you are a member of the Society for Creative Anachronisms (SCA). The SCA is a non-profit medieval reenactment group. Members seek to recreate nearly all aspects of the Middle Ages, such as clothing, entertainment, and food.

## Admittance

People of all ages join SCA for many different reasons. For many, it is a chance to share an interest in history. For others, it's something more. Doug Toth, an older member from Mishawaka, said, "SCA isn't something you join, it's something you become a part of. You get more out of it than you put in."

Derek Stoelting, a Riley senior, says "I was at the 1990 Ethnic festival, and I was walking on looking at the different booths. One of the booths had swords and bows on it, and it turned out to be a group I had read about in some science fiction novels. I attended a day of peace (a local event) and got hooked."

Meetings are held once a month in the basement of the Society Bank on Lincolnway West, on the first Sunday of every month at 5:30 p.m. Interested people are encouraged to attend. At the meetings, members of the local SCA branch discuss the

college campuses, parks, and wherever space can be found. At the gathering, adults, teenagers, and children participate in medieval activities. This is where SCA members recreate medieval life.

A typical event often has a feast, a fighting tournament, archery, dancing, and the selling of medieval items. At events, members participate in these activities. Adam Koppy, a senior at Northridge High School, says, "Events are what SCA is set up for."

When asked about the first event he ever went to, Riley freshman Clint Stoelting responded by saying, "It was interesting, very indescribable. It was different. At the event, Swine and Roses III, I was volunteered for helping set the event up. I mostly helped set up the archery range. Later in the day, I shot a few rounds at the crossbow range."

Although most events last one or two days, some continue for over a week. One of these is Pennsic, which is a mock war held in Pennsylvania. People come from as far as California to participate.

## Clothing

Nearby members attend events wearing clothing from different centuries between 600-1600. Most people sew their own clothing, which is made from anything that looks like a natural material. The women usually wear long dresses, and men wear anything from kilts to tights to trousers.

Often, clothing that can be seen in medieval art is used to give people ideas about what was worn in the time that they are



Derek Stoelting, senior, practices his combat techniques (photo by Santiago Flores).

foods which might be found at a feast are haggis (sheep's stomach with vegetable), goulash, and pies. Recipes can even be found in modern cookbooks, because food at a feast only needs to be something that was available in the middle ages.

Janine Taylor, a senior at Penn, says, "Medieval food is anything that could have been killed and eaten in medieval times."

## Persona

Some members choose a name and a specific time period from the medieval era to create a persona. At first, any name can be chosen that's not a major historical figure (such as Charlemagne or Henry Tudor).

The only qualification a name needs is to be something that a parent would be likely to name their child in the middle ages. Also, if a person has devoted time and effort to SCA and someone recommends them to the king, they are usually awarded a title to precede their name.

Taylor says, "Titles are a courtesy. If you don't use another person's title, it's no big deal; they just correct you."

Stoelting's persona is Dietrich McHugh Geddes, clan chief of the clan Rose. The clan consists of different people with the same last name (Rose), and in the same time period. Derek's time period is the ninth cen-

tury.

Tournaments are held to recreate medieval fighting styles. One important tournament is the Crown Tournament. The winner of this tournament becomes the king or queen of their region, called a kingdom. They serve for six months, giving awards and titles to people who have been recommended, and they preside over the ceremonial courts.

## Combat

Combat in a fighting tournament or an event consists of archery and hand to hand combat. In fighting tournaments, knights battle each other in different medieval styles. The weapons used are made of wood, and fighters wear armor of homemade material.

Winning is not the only goal, though.

Doyle Blooding, a fighter from Mishawaka, describes his views on fighting: "It takes a lot of practice, but it's all in fun. Safety, honor and chivalry are important."

Learning honor and chivalry are not the only advantages of fighting, though. The skills and materials used in fighting sometimes have interesting repercussions in the real world.

On one occasion, two fighters in Chicago were walking home from an event wearing their armor and weapons under their cloaks. A man walked up to them and said, "I've got six inches of steel that says you're going to give me your wallet." At this, one of the fighters pulled out his sword and said, "I'll see your six inches, and raise you three feet."

## Meetings

Today, there are SCA groups on six continents across the world, all except Antarctica. The local branch is the Shire of the White Waters. Members of the shire come from as far as Bristol, Indiana and St. Joseph, Michigan.

For more information, contact either Derek or Clint Stoelting.

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*SCA is not something you join, it's something you become a part of. You get more out of it than you put in.*

—Doug Toth

”

activities the members participate in, such as events.

For entertainment, events are held by different SCA groups nearly every weekend, where individuals practice medieval activities such as singing and storytelling. One story that was told at an event described the adventures of a group of Vikings who were stranded on an iceberg and found a treasure. On the way home, however, all of the Vikings died except for the narrator of the story (who had unfortunately lost the treasure).

An event is a gathering of SCA members. The events take place in church basements,

interested in.

Paula Egyhazi, a SCA member from Mishawaka, says, "Cotton, wool, and leather are what was used for clothing. Men and women wear the same colors and fabrics; there was not very much cloth available because all the clothing was woven by hand."

Ainhwa deFederico, a senior exchange student at Riley, went to an event and said, "The clothing was amazing. Some of it was so precise, so authentic."

Feasts consist of food and entertainment. The foods are medieval dishes and are usually cooked by members of the group that is hosting the event. Some

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*The clothing was amazing. Some of it was so precise, so authentic.*

—Ainhwa deFederico

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# Physical assault can cause lasting scars

By Erin McNulty  
Staff Reporter

The possibility of becoming a victim of assault is a fear everyone must face. Many times the victim is left with permanent scars.

Kelly Bailey, sophomore, was assaulted two summers ago at the 4-H fair.

"My friend and a girl had gotten into an argument. Then, this girl pulled out a razor and slashed my friend across the face," said Bailey.

When Bailey tried to help her friend, the girl turned and slashed her across her eye as well.

"I went to the hospital afterward. I was very lucky. If the blade had cut one more layer, I could have gone blind," said Bailey.

Like many victims of assault, Bailey found it difficult to go out in public or meet strangers after the attack. Also, like other victims, Bailey pulled through.

Jimmy Van Fleit, freshman, was assaulted in an alley right in front of the McDonalds on Michigan Street. Van Fleit was approached by a group of people. One of the members of the group then beat Van Fleit while the others watched.

After the assault, Van Fleit had some damage done to his teeth. He had to go to the dentist to make sure that the injuries were not too extensive.

Priscilla Metzcus, a

counselor at *Psychology Associates* said, "It is important for the victim to realize that it is not his or her fault. Sometimes, the victim feels guilty."

Guilt is only one of the side effects of being assaulted. Metzcus mentioned some more. The victim may be:

- 1. Hyper-vigilant, always looking around to make sure that no one threatening is approaching.
- 2. Persistently reliving the event.
- 3. Feeling damaged or guilty.
- 4. Having nightmares.
- 5. Feeling detached from others
- 6. Blocking out the event.
- 7. Afraid of being alone.
- 8. Losing interest in normal activities.

Recovery from being attacked is not an easy process.

"The victim must talk to someone he or she trusts. It could be a counselor or someone close to them. Also, the victim should not be left alone. A caring environment is important," Metzcus

said.

A question that is sometimes asked is why would someone assault another.

Sargent Michael Thompson of the Mishawaka police department said that sometimes a person assaults another because of anger or peer pressure. Also, robbery or a gang related motive could precipitate an attack.

Metzcus agrees. "Many times an attacker has lost impulse control and will release his or her anger on a victim." Metzcus also said that an attacker could have had an abusive childhood.

Assault is a big problem in the United States. In 1990,

one aggravated assault occurred every thirty seconds. Last year, there were 1,054,863 reported aggravated assaults in the United States.

Twenty percent of these occurred in the Midwest (according to the *Book of Criminal Justice Statistics*, by the U.S. Department of Justice).

How to prevent being assaulted is important to know. Metzcus and Thompson mentioned some ways.

- 1. Never walk alone, especially at night. Always have a companion with you.
- 2. Try to avoid places where assaults could occur; such as alleys and dark areas.
- 3. If you walk or run, stay away from bushes; attackers could hide there.
- 4. Always check your back seat before getting into the car.
- 5. Have a good sense of self esteem. Attackers sense vulnerability, and those with high self esteem project confidence.
- 6. Think through a situation if it's going bad. Don't make foolish mistakes.
- 7. Turn lights on around your house.
- 8. Be cautious; especially with people you are not

familiar with.

If the attacker is carrying a weapon, Metzcus advises that the victim should not try to take it away. The best thing to do in a situation like this is to look for an opportunity to get away.

How to punish an attacker depends on the severity of the crime.

Officer John Floyd who works as a security guard at Riley said that it depends on the crime and the judge. The more serious the crime, the more serious the penalty.

According to Floyd, it is important to report the crime. After the crime has been reported, it goes to the prosecutor's office for reviewing. The sooner you report it the better.

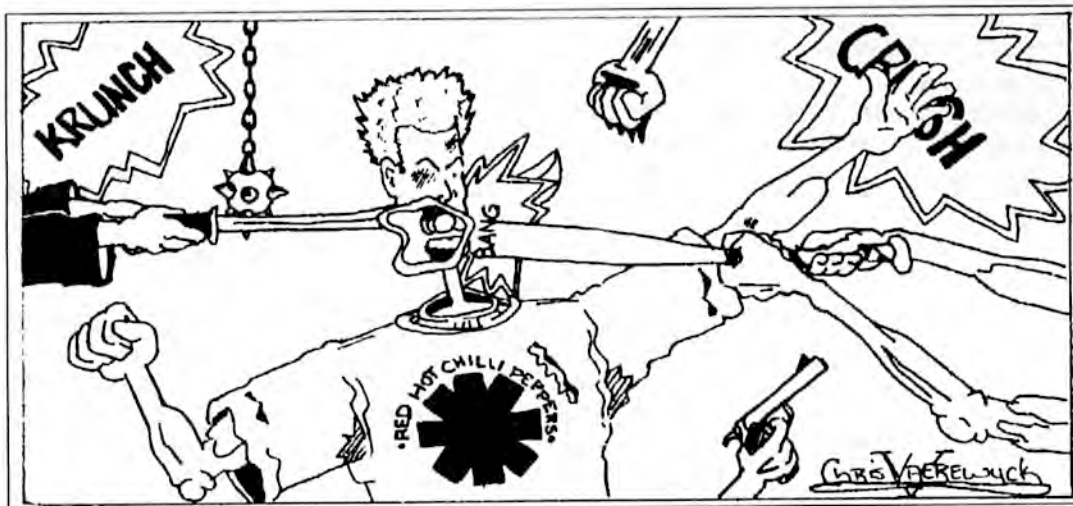
Next, it goes to the detective's office and the victim is called in for a conference. Whether or not the case goes to court is up to the prosecutor's office.

If you have been assaulted or know someone who has, there are places to call for help.

Madison Center Inc. 403 E. Madison 234-0061  
Psychological Services 1028 E. Colfax 233-8313  
Michiana Psychological Associates 232 W. 4th St. 256-2258



Stacey Cauffman, sophomore, and Traci White, senior, portray an assault (photo by Santiago Flores).



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## Hall passes:

Continued from page 1

needed. "It inconveniences teachers and students. Either teachers write a pass and waste this valuable school time (which they won't cancel for hazardous weather), or the teacher won't let the students go because it's a hassle," said Lerman.

Out of 25 surveyed students, nine others agree with Lerman, ten feel the rule was necessary, and six were undecided.

"Too many people roam the halls, or go to the bathroom and sit all hour," said Kelly Kardell, sophomore, who agrees with the new rule.

There is also a disagreement on whether the behavior in the halls has improved or not.

Kathy Benko, senior, said that she hasn't seen a difference in the behavior because there are still the same amount, or maybe even more students out in the halls, in her opinion.

On the other hand, Naomi Kent, English teacher, feels that the halls are clearer now because everyone is making an effort to meet the time schedule.

"Everyone has an obligation to enforce rules. Only when we work together do we fulfill our purpose," said Kent.

McCullough feels that there is less noise in the halls during classes and more students

get to class on time now.

"We never had a behavior problem. We just had to take control of the situation," said Floyd.

Although students without passes are to be sent to lock-out, that is not what always happens.

From the 25 surveyed Riley students, eleven were stopped without a pass, and only two were sent to lock-out. Does this mean the rule isn't being enforced well?

According to Jamie Bonk, sophomore, the rule is being enforced well because almost every time she's in the hall, there is someone out there to stop those who do not have a pass.

Mary McMann, French teacher, feels differently. "It's just like anything else, it takes constant attention. I feel it has slacked off lately," she said.

McCullough feels the efforts to improve Riley are working. "There's always room for improvement, and we're going to continue to crack-down until everyone is satisfied," he said.

Some students feel that it's not fair that all students are not always stopped in the hall.

"If you're a girl, or good in sports, and you know the hall guards, you will have no trouble," said senior, Dylan Ryan.

Benko said, "I think they stop all the students, but for dif-



Don Wilson, security guard, catches Andrea Bush, senior, in the hall without a pass (photo by Santiago Flores).

ferent reasons. Student "A" may get stopped so they can converse, and student "B" for the fact of getting yelled at."

Wilson said that if he thinks the student is legit or well-behaved, he'll give them a warning, and he'll send the bad-behaved students to lock-out. Only through previous encounters can he tell if a student is well-behaved or not, he said.

According to Floyd, they try to stop all students, but they occasionally miss a student when they're talking to another per-

son.

Another issue is whether sending students to lock-out is good or not.

Damian DeWitt, senior, thinks students use lock-out as a way to get out of class. "It's just like skipping legally," he said.

McCann doesn't like lock-out either. She said that it's used too many times to avoid a test.

"I've heard kids making plans to go there. It's abused," said McMann.

According to McCullough, sending students to lock-out is

necessary. It sends a message to the students to make sure they have a pass if they're leaving class.

"It (the rule) puts a responsibility on the student to get a pass, and we try to teach punctuality and responsibility," he said.

McCullough plans on continuing this crack-down on rules because the halls need to be quiet and it's getting to be that time of the year when the students become restless and don't want to stay in class.

## Riley:

Continued from page 1

have been very emotional personal attacks," said King.

Graf feels that people's emotions are interfering with their abilities to make logical decisions.

"A lot of people are actively supporting one option or the other with emotions. It should be a logical issue, the differences in these two factions have twisted a lot of things," she said.

After the decision has been made, everyone in the commu-

nity will have to live with it. Graf and King stress compromise so there are no definite losers.

"The community can come back together. The issue can be resolved with a compromise. Putting the high school at Jackson and building a new middle school at the Riley site would put three resources at the community's disposal. We would have a golf course, a new middle school, and a swimming pool and the gym from the old Riley for recrea-

tional purposes," said Graf.

"I would hope that the district could try to consider as rationally as possible the options and discuss the issues in a rational and intelligent way. There may be scars that will not heal," said King.

She added that in a democratic society, there should not be one winner. There should be some kind of compromise so that everyone in the community can be happy.

## Quiz Bowl:

Continued from page 3

assistant principal Karen Robinson.

"My title means that I oversee the procedure for Quiz Bowl competitions. I choose from a bank of questions that I receive the particular questions that will be used in the toss-up

and bonus rounds," she said.

All the questions are sent from the main office downtown. Garretson said that all questions are the same on any given night.

The varsity players were seniors Rochelle Chodock, Ben Lerman, Sarah VanOoteghem,

Jessica Ross, and Clayton Wooldridge, and juniors Kevin Stankiewicz, and Robert Sever.

The J.V. players were sophomores Nicole Spore, Kristin Graf, Heather Kapsan, Isaac Bules, and juniors Carrie Milligan, and Carrie Wert.

## NHS:

Continued from page 3

piano for the holiday walk, and taught music, for free, to a young girl.

Activities for next year's members will be up to the new officers, Chodock said.

Last year, the picked four people who they thought were worthy to have their position. The group then elected one of the four for each position.

Currently, Chodock is

president, Balog is vice president, Cara Pippenger is secretary. The fourth officer is no longer a member of NHS. Chodock said that the process for getting next year's officers may change.

Overall, Chodock feels that this year's inductees are motivated and enthusiastic.

"I think the class of '93 is going to do a fine job," she said.

## National Honor Society inductees

The new inductees are: Amanda Abigt, Tanya Acito, Angela Adams, Lucas Battani, Amanda Burger, Angela Butiste, Diane Champaigne, Jessica Druelinger, Giao Duong, David Finn, David Fischhoff, Jennifer Garbacz, Holly Giles, Amy Harris, Dawn Horvath, Ryan Horvath, Matt Hoff, Kyle Hummel, Felesia Jones, Kelsey Krynock, Jon Kulczar, Chadd Kull, Jennifer Laskowski, Lisa

Levin, Amy Livengood, Charles Marcussen, Carrie Milligan, Steven Pflugner, Thomasin Ruchti, Robert Sever, Angela Smessaert, Sunny Smith, Maggie Soos, Kevin Stankiewicz, Charles J. Steele II, Liza Swedarsky, Stephanie Tezich, Lesley Tompsett, Chris Vaerewyck, Krista VanFleit, Eddie Vann, Carrie Wert, Erica Williams, Kirstin Wilson, and Roscoe Wilson, juniors.

## Final Thoughts



### Grading Period

The third grading period ends on March 27.

### Conferences

Parent Teacher Conferences/Report Card Night has been scheduled for April 2. The schedule is as follows: April 2, 1-2-3 hour classes, 11 a.m. dismissal. Conferences will be from 1-4 p.m. and from 5-8 p.m. On April 3, there will be

4-5-6 hour classes, dismissal at 11 a.m.

### Powder Puff

The football game between the junior and senior girls is scheduled for Wednesday, May 27 at 7 p.m. The cost is \$20 for the jersey and two tickets. The jerseys must be ordered by March 30.

### Driver Education

Applications are available in

room 106, see Wallace Garteer or James Warren. The first session is from June 8-July 3. The second session is from July 6-July 31.

### Spring Break

Spring break is from April 6 until April 10.

### Test Dates

The S.A.T. (Scholastic Aptitude Test) will be held on April

6, May 2, and June 6. The A.C.T. (American College Test) will be held on April 11 and June 13.

### Leadership

Chadd Kull was selected to attend the National Young Leaders Conference from February 25-March 1. He was one of 350 high school students throughout the country chosen to attend.