

Editorial

Communication is needed in deciding the fate of Riley

We will need to unite and come to a consensus about the location of Riley High School.

Ever since the school board started debating where to put Riley, two groups have formed. They are the people who want Riley at Jackson, and the people who want it to stay where it is. Whether the school is moved to Jackson, or it stays at 405 E. Ewing, one group will be upset.

The two groups have had many heated arguments, and some hard feelings exist. However, no matter what the board decides, everyone in the community will have to live with the decision.

If the division persists, the main people who will suffer are the students. Already, there have been huge arguments in the middle of some classes when the students are discussing the possibility of a move. If their parents are arguing like this, they are in turn encouraging their children to behave in the same way.

Both factions have logical arguments, and both will possibly be hurt by the board's decision. However, they will just have to realize that not everything in life is going to go their way. They must acknowledge this and move on.

The two groups should start trying to communicate better with each other, so that the division does not persist. The two groups could have a meeting to get together and discuss their arguments in a calm, rational way. They should both try to put hard feelings behind them, and move on like mature adults.

Perhaps instead of arguing about why the school should be at one cite or another, the groups should start making plans for the new building. They can start organizing fund raisers, because the new building will cost a lot of money. They can also make a list of the positive and negative points of the present building, so they can either be enhanced or eliminated in the new building.





POLICY

The Review reserves the right to edit the content of any letter without altering its intent. All letters must be signed, but names will be withheld upon request and with good reason.

Last thoughts for seniors

It's time to go through another turning point, our high school graduation. Four years ago we walked in alone, scared, and apprehensive about what the next four years would bring.

As freshmen we were fresh into the pain and joy of responsibility, open lunch, lockout, and skipping. There were many paths each of us could take and many temptations to fall into. High school was a new step in our growing process. Whatever mistakes we made had their consequences. The old bible saying remains true, "We reap what we sow!" Boy have some of us reaped and sowed, but with mistakes we did learn,

Cycles, we all go through them. Today we leave grown, but we must begin all over again. No status-quo, no labels, without a stereotype we enter the world equipped with experience and knowledge of four years of growth.

Many people entered our lives, some regretably, some unforgetably, and some to love. They came into our lives for some reason or another, if not to stay, at least to learn from.

Our childhood has ended, maybe for some of us sooner than others, but it is now gone. We complained so much about this place, and now we are scared to leave. Our insecurity leaves us attatched to this downtrodden building. The rule was to come every day five days a week (maybe), and all that was required of you was to attend on somewhat of a regular basis and do a little homework; some did more than others of course.

Life is a journey. On this emotional rollercoaster there are some major stops. Some will be halted by death, many will find contentment in marriage and turn in another direction. There will be some of us who change lives and unfortunately those of us who ruin them.

What ever paths we decide to take after graduation is our own decision. Each and every one of us has the ability to fulfill our dreams. This is a beginning of a new life for the class of 1992.

Bon Voyage,

Jrisha Vaughn
Trisha Vaghn

The Review is published by the Publications staff at Riley High School, 405 E. Ewing, South Bend, Indiana, 46613. The intent of The Review is to inform the public of events occuring within and outside the school. Any opinions expressed in this publications are not necessarily the opinions of The Review, except for the editorials in the Viewpoints section. The Review gives the right to print others' opinions, but is unbiased and does not support them.

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Dating rules are changing



Times are changing, and so are the "rules" of dating. Boys still ask girls out, and they still have a great time, but now, girls ask boys out and pay for the date

Out of 29 girls recently surveyed, 12 have asked a guy out on a date, and out of 35 guys, 29 have been asked out by a girl at least once.

The majority of students surveyed feel the girls asking guys out for dates is terrific.

Andi Bush, senior, said, "A lot of guys are too scared to ask girls out, so if you like a guy, it's the best way to tell him you're interested."

Jen Herbert, senior, thinks it's great for girls to ask

"Girls need to realize that guys are just as shy as they are, the girls need to speak up if the guys won't," she said.

"I feel cool because then I know she wants to go out. That way I don't have to worry about her saying 'NO!' She's asking me out, she already said 'YES," said Christopher Drake, senior.

According to Michael Oyer, M.A., a psychologist in South Bend, guys like it when girls ask them out because it takes the responsibility off of their shoulders.

He said that men really are the beneficiaries in the women's

Although some people think that girls are too forward if they ask a guy out, most agree that they don't get a bad reputation if they're only asking to go out for a good time.

Senior Andy Golichowski doesn't think girls get bad reputations. "It's what they do on that date that will give them the bad reputation," he said.

"People don't make a big deal about guys asking girls out. What would be different?" said Sarah Carlson, sophomore.

On the other hand, girls sometimes feel more equal to guys if they're the ones asking for the date.

According to Carlson, girls are used to being put down and like it now that the tables have turned.

"Today a girl can do just as much, if not more than a guy. If a guy can ask a girl out, then girls can ask guys out," she said.

Even though guys can accept the fact that girls are "making the first move," the surveyed students expressed many different views on who is to pay for the date if the girl asks the guy.

From the 29 surveyed girls, 16 said that the girl should pay, 3 said the guy should pay, 4 said they should split the bill or go dutch (every person pays for themselves), and 6 did not com-

Fourteen out of 35 guys said the boy should pay, 7 said the girl should, 3 said the both should pay, and 9 said that it would depend on the situation.

"A guy might think it was really neat and different if a girl asked him out and paid," said Herbert.

Ryan Hoskins, junior, said, "If I liked her and thought there could be something, then I'd pay.'

Parents are the ones who may not agree with girls asking guys out on dates.

Sixty out of the 64 surveyed students said that their parents wouldn't mind if a girl asked a guy out, 2 said that their parents wouldn't approve, and the other 2 did not comment.

"They (his parents) would probably respect the girl for having enough courage to ask a guy out for a date," said Anthony Sisti, sophomore.

Gloria Sanders, mother of Tashika Carlton, senior, said that she feels it's unladylike for a young lady to ask a young man out for a date.

According to Oyer, dating has changed a lot in the past ten years. "This issue represents the change in traditional sex roles," he said.

you could go on vacation this summer, where would you go?



"I'd go to France because I like French guys."

> Renee LaSane freshman

"Great America, to have fun!"

> Alex Johnson freshman



"To a pow wow, a Native American dance, to learn about the culture."

> **Angel Onderdonk** sophomore

Being different isn't strange



Every person on this planet is different from every other person. If everyone wore the same clothes, had the same ideas, and listened to the same music, life would be very boring.

But we already know this, right? So why do some people feel it necessary to condemn people with lifestyles different than their own?

Recently, I was discussing an English paper with my teacher in the library. We were facing a table where there were about six or seven people whom I have never seen before in my life.

As I was talking to my teacher, I noticed that everyone at the table was staring at me. As I began to hear bits and pieces of their conversations, it got harder and harder to ignore them. They did not approve of my outfit, or the way I did my hair. They started with my head and ridiculed everything about me down to my feet.

My style is totally differ-

ent than theirs. On the day they were making fun of me, my hair was in pigtails, and I was wearing a Mickey Mouse T-shirt, cutoff jeans, red tights, and black Chuck Taylor tennis shoes.

I realize my style is very particular to me, and I am used to comments behind my back, or even to my face. I would consider it odd if my friends did not make fun of my outfit when they see me in the morning, but I also know that they do not mean any

This doesn't bother me. I know that if I choose to express myself in an individualistic way, some people are not going to appreciate it, and may make snide comments.

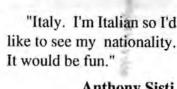
What does bother me is when people I do not know use a good ten minutes of their time to point out every aspect of my style that they feel is "weird" or "different."

These people did not know me, yet they felt it necessary to condemn me. Perhaps they considered me a threat because I am different from them. Fear can instill hostility.

Another reason for their remarks could have been ignorance. I have never talked to anyone in that group before. We may have many of the same ideas, and may have been able to talk about our differences, but instead they decided to chastise me. If they would have asked me why I dress as I do, I would have explained to them that I wear what I feel comfortable in, and I like to wear things that I think look neat.

Although ignorance and fear are good reasons to criticize what is different, these people may have been trying to be mean. It was obvious that they wanted me to hear what they were saying, and they knew that I would it." be offended by it. Instead of that, I'm simply disappointed and disillusioned by the narrowmindedness of some of my peers.

In the future, I hope we can all try to be a little more open minded when it comes to people who have different attitudes. People are not the same, and they never will be, so we must try to learn to live with one another.

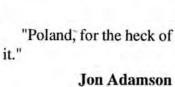






"Germany, that's where I was born and I'd like to go back and visit."

> Jill Gosselin junior

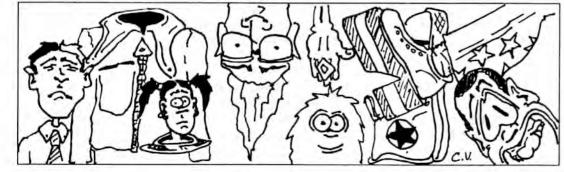


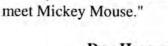


"Hawaii, because of the nice weather, cute boys, and to learn a new culture."

junior

Amanda Carlson senior





"Disney World, I want to

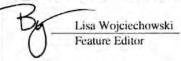




---Fe Review

Health in

Slim is in



Society views being thin as very important. It's not often an individual sees a heavy-set model in a slinky bikini or evening dress sitting on a sports car.

Some people lose weight for health reasons but oftentimes they lose weight because they want to change their looks.

Junior, Kathy Vandusen went on a diet because it was bathing suit season and she wanted to look good in her suit.

"I just wanted to look thinner," said sophomore, Lena Dekine.

When trying to lose weight there are many different methods to use. One can try fad diets such as *Slim-fast* or *Dynatrim*, they could go to a diet center or *Weight Watchers*, use diet pills, or even try the drastic measure of starvation.

While watching television it is highly possible you will see Tommy LaSorda, or Kathie Lee Gifford flashed on the screen showing off their perfect waist as a result of *Slim-fast*.

According to health teacher Jim Warren, the fad diets don't work. "They only deal with the superficial cause and not the deep rooted reason. They don't deal with attitude, need, and desire or will power to change."

"They are not very good or healthy. They are probably no more than five to ten percent successful and they also are expensive. They do not help change one's eating habits. Dieting is just not until weight is off; it has to become a way of eating for the rest of one's life," said Carolyn Garber, registered dietitian.

Another method of weight loss is to join a diet center. This one on one counseling gives an individual more incentive to do their best to take off weight.

A former owner of a weight-loss facility who wishes to remain anonymous said, "Counseling the dieter was the key to the success of the person's weight loss. It was necessary to weigh them each time and check the items they had charted as they were eaten. We measured key areas of the body, to determine inches lost as well as pounds. There was much encouragement for them to continue to diet."

She continued to say, "The corporation mandated very specific meal plans for particular groups of people, for example men's diets were somewhat different than women's, as were children's. The diet consisted of certain specific portions of fruit, vegetables, breads, protein and lots of water every day. This lowcalorie menu was low in vitamins and protein. Many vitamins and an expensive protein supplement were also required."

Vandusen said her method of dieting was to just eat salads.

"I don't eat breakfast or lunch when I diet," said Dekine.

Dieting has no age limit.

A person can be any age to diet as long as they do it properly.

"We shouldn't diet without supervision and the help of a
registered dietitian. I like to think
we need to learn healthy selections of food early in life. They
need to be available so we don't
always have to be dieting. Teenagers need to watch their intake of
calories because they are still
growing and don't want to diet
counting calories only," said Garber.

Warren said he feels teens are not too young to diet. This is the prime-time for it, he feels. Habits will follow for a lifetime usually, he said.

Along with dieting, people should make sure they exercise. According to Garber, exercise is absolutely essential. One cannot be successful on modifying their food intake and achieving weight loss without exercise. Exercise is important for all people regardless of weight or age.

Temptation will hit when a person goes out for the evening and decides to go out for dinner. They have to try and watch their diet but at the same time stay away from all the fattening food.

What should a person do in this predicament? Try 'lite' dinners. Most fast food and formal restaurants have this selection on there menus.

Garber said that 'lite' menus can mean reduced in calories (usually fat content) or in weight. The word can be very misleading. Just ordering something 'lite' may not be lower in calories than a dish selected with lower fat content, she said.

No matter how hard a person tries dieting is not an easy task. It takes hard work and lots of will power. Garber recommended the following guidelines for good eating:

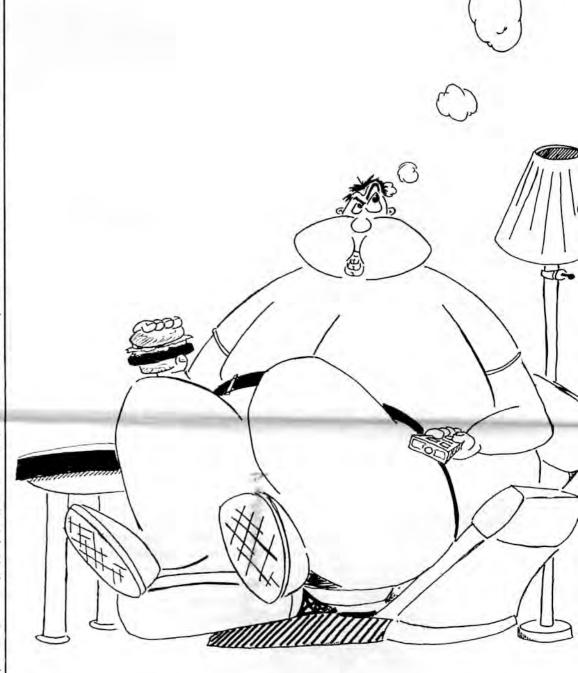
4-6 servings of fruits and vegetables per day

4-6 servings of breads-cereals

2-3 cups of skim milk or low fat dairy products

4-5 oz. meat or meat substitutes
2-3 fats such as polysatu-

2-3 fats such as polysaturated margarine, low fat salad dressings



The adage is true: You



Parents for centuries have been telling their children not to eat junk food. 'Eat your broccoli it's good for you.' No matter how much kids hated doing it they did, and believe it or not, it was the best thing for them.

Nutrition is something that shouldn't be taken lightly. It is very important to keep your body healthy.

"Good nutrition is trying to eat from the four basic food groups, eating three meals a day, drinking plenty of water, and drinking alcohol in moderation," said Carolyn Garber, registered dietitian.

Garber went on to say that the failure of most teens is the consumption of too much fat and sugar. A teenager's main source of nutrition comes from fast food restaurants, she said.

Most fast foods are filled with sugar, fats and salts. These things are added for taste and eventually a person's taste buds become used to these additives, she said.

Fast food restaurants are coming out with alternatives but oftentimes teenagers don't indulge in these options. Teenagers' diets are low in iron, vitamin A, and vitamin C and these products are best found in the foods one eats, according to Garber.

Eating healthy is important, but it is especially important because of the vitamins and minerals needed by the body.

According to nutritionist Cynthia Curtis Harington, of *Rose Quest Nutrition Centre*, there are 42 different vitamins and minerals Eating: See Flip Side

Foods cont

Houghton Mifflin H text book (copyright 1987) list vitamins and minerals neede the body to maintain a healthy position. Here is a list of the mins and minerals, and what they can be found in.

Vitamin A: organ ir whole milk, cheese, egg yolk, yo fruits, green vegetables

Vitamin D: milk, exposure of skin to sun's ultrarays

Vitamin E: wheat a vegetable oils, legumes, nuts, green vegetables

Vitamin K: spinach, cabbage, pork liver

Thiamine: pork, legu whole grain products, organ n milk, eggs

Riboflavin: milk, whole grains, vegetables, o







Fitness: A regular exercise plan is the healthy way to stay in shape

Jen Carlson
Senior Staff Reporter

'One and two and stretch.

Breathe in, breathe out, Come on girls kick those legs!' You see it on T.V., you read the ads in magazines and, soon you'll be exercising too!

"Most people are beginning to do the actual exercises instead of watching them on T.V. These days, we Americans really have to watch our weight and what we eat. People are beginning to work out more and they feel really good about it, too. They know that to be a fit person it takes hard work," said Greg Bennett, exercise physiologist at Health & Lifestyles of Memorial Hospital.

To become a member is as easy as walking in and signing up. If you are under 18 years of age, most places require your parents to give legal consent. This is to make sure your parents know that the club is not liable if anything happens.

Chris Vaerewyck, junior, works out because, "It's fun and I feel better about myself afterwards." Chris works out at the South Bend Academy of Martial Arts and at home. In his weight training program he does burnouts, negatives, and negative failures. He works out without a trainer.

Vaerewyck got started working out when he was seven years old. He saw a picture of a nine year old girl who bench pressed 135 pounds and it made him mad. He didn't like the fact that a girl could beat him, so he asked his dad to get him a set of weights. He has been doing it ever since.

Damian DeWitt, senior, likes to use weights to improve his athletic ability in sports. "It gives me the upper edge if I can be strong. It also makes me feel better about myself," he said.

Damian works out at Gold's Fitness Center and Powerhouse Gym. He works his upper body one day and lower body the next.

He switches off so he doesn't wear any of his muscles out. He works out every day for an hour and a half, on weekends he rests. He doesn't work with a trainer, but Bob Labis, science teacher, gave him a few exercise programs to follow to start him off. He started working out between his freshman and sophomore year.

Lisa Wojciechowski, senior, said, "I work out not only to feel good about myself but it also helps me to relieve stress. When I

work out I forget about all the problems I have in my life." Lisa works out at *Fitness U.S.A.*. She uses the stairmaster, rides on exercise bikes, lifts weights and she also does aerobics.

Wojciechowski has always been active in sports but she had to quit since she came to high school due to lack of time.

Lisa started working out when she was fifteen. She followed the program the trainers gave her for three visits and now she does her own thing.

Gail Martsolf, part owner of *Tim's Fitness World*, said health conscious people are, "People of all ages who are eating right and exercising."

On the other hand, Geni Hogman, manager of Gold's Co-Ed Fitness Center, feels that weight is the main concern of most health conscious people.

Vaerewyck pays \$20 a month at the South Bend Academy. On the other hand, DeWitt pays \$150 a year at Powerhouse Gym. He won the membership through a radio station and just pays for maintenance.

Wojciechowski pays \$30 a month for two years and after that she will only pay \$24 a year to renew her membership at *Fitness U.S.A.*

Prices at each facility vary, with the South Bend YMCA offering some of the lowest rates in town.

According to Martsolf, a health conscious person's main objective should be, "To get into the gym on a regular basis and to watch your diet."

Hogman said, "A person's main objective should be keeping your body fat low and doing cardiovascular exercises.

Bennett said, there are a number of reasons why people work

- To decrease risk of illness and disease. For example heart disease, sugar diabetes, obesity, high cholesterol, and hypertension (high blood pressure)
- To look better
- To lose weight.
- To decrease stress
- To increase your energy level.

 There are many different

There are many different exercises to follow in health clubs and gyms. You can request that a trainer help get you stated. Every person has a different workout.

Bennett said that there are two basic training and conditioning programs to follow. One is to strengthen your body and one is to give you endurance.

He said, "First you have aerobic training or cardiovascular training. This program includes brisk walking, stairmaster, or stair

climbing, jogging, swimming, bicycling, rowing, cross- country skiing, and aerobic fitness classes. This is for endurance."

He continued, "The second one is for strength. It is muscular training and conditioning. This program includes weight machines, free weights, barbells, dumbbells, and calisthenics, for example push-ups, sit- ups, and pull-ups."

Bennett agrees that a good program includes both endurance and strength training. Athletes call this cross training for improved performance.

According to Bennett, "You don't need to have special workout attire. All you need is a pair of shorts and a comfortable tshirt. Tennis shoes or aerobic shoes are most appropriate.

There are many places in the area to exercise. Here is a list of places to go and the address:

The Aerobic Center 526 W. McKinley Ave. 256-2478 Does not require membership

Gold's Co-Ed Fitness Center 300 Byrkit Mish. 256-2050 \$35 per month \$325 annually

Dave's Gym & Health Center 914 N. Olive 232-4497 \$65 for three months, \$100 for six months for students

Health & Lifestyles of Memorial Hospital 401 E. Colfax 233-7178 \$46 a month, \$460 annually

Fitness U.S.A. Health Spas 800 E. Ireland Rd. 291-8800 5603 Grape Rd. 277-3131 Student discount is \$28

Pro Health of Saint Joseph Medical Center 320 St. Joseph S.B. 232-3034 205 W. Edison 259-8585 \$38 a month, \$300 annually

Tim's Fitness World 709 S. Byrkit 258-4419 \$45 for three months, \$70 for six months, \$140 annually

YMCA 1201 North Side Blvd. 287-9266 \$18 per month, \$36 down payment, \$35 capital investment fee

re what you eat

ning vitamins and minerals

Niacin: red meats, organ meats, fish, enriched breads, green vegetables

Vitamin B6: red meats, liver, whole grains, green vegetables Pantothenic Acid: organ

meats, eggs, nuts, whole grains,
Biotin: organ meats, poultry, egg yolk, fish, peas, bananas,
melons

Vitamin B12: organ and muscle meats, milk, cheese, eggs, fish Folic Acid: green vegetables, liver, whole grains, legumes

Vitamin C: citrus fruits, melons, green vegetables, potatoes

Calcium: milk, broccoli, cabbage, clams, oysters, salmon

Phosphorus: milk, egg yolk, meat, poultry, fish, whole grain cereals, legumes, nuts

Sodium: table salt, meat, poultry, fish, eggs, milk

Potassium: meat, poultry, fish, cereals, fruits, vegetables
Chlorine: table salt, meat,

Magnesium: legumes, whole grains, milk, meat, leafy vegetables

Iron: organ meats, whole grains, dark green vegetables, legumes, prunes

Sulfur: eggs, meat, milk, cheese, nuts, legumes Copper: liver, shellfish,

nuts, legumes, whole grains Manganese: legumes, nuts,

whole grains, vegetables, fruits Iodine: iodized salt, seafood

Zinc: seafood, milk, meats, poultry, organ meats, wheat germ Flourine: fish, fluoridated water, animal foods

Selenium: meat, eggs, mild, seafood, cereals

Prejudice still exists at Riley



In a multi-cultural society, it is hard to believe that there would be so many problems with prejudice, but unfortunately there are many. Even in America, "The land of the free," bigotry is a problem that keeps growing every

One example is the Rodney King incident. King is a black man who was beaten by white police in Los Angeles. Most people believe that he was beaten because of police prejudice.

Prejudice against blacks is not the only bigotry in America. There are prejudices against foreigners, political parties, religions, and homosexuals.

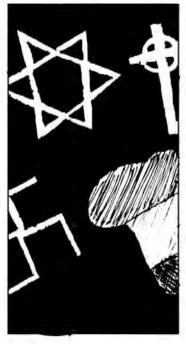
Last week my heart almost stopped beating when I saw antisemitic, anti- Jewish, drawings and words written on a desk at Riley. The culprit drew a swastika, and it made me think about what our world is coming to. How can some people hate a group of people for no specific reason except that they are different.

The disappointment and fear I have in the ignorance of some people is too great to be described. No one should be judged by their race, color, religion, culture, or ideas, because that's what makes each one of us unique. Diversity is essential in society, without it, everyone would look, act and think the same.

The saying 'Evil breeds evil, and kindness breeds kindness' is true. If we stop prejudice today, then maybe it can be stopped for-

It's time we all realize that even though people might look or act different, everyone is made out of the same flesh and blood, everyone has feelings that can easily be hurt, and prejudice will only create more harm and hurt where it is not needed.

Education is one way of overcoming this ignorance. In order to judge people, you have to get to know them first, and learn about what they're like. If you still don't like a person, let it be based on knowledge and not pre-judgment. Who has the right to judge anyone else?



Candid Cat



 ${f B}$ eth Bone , senior picks gum off her shoe (photo by Lisa Wojciechowski).



Well, another school year is coming to an end and another class of Riley students is graduating. Doesn't it seem like you were just a freshman?

You seniors will all go your separate ways after graduation. You may not see some of your friends and classmates again until your class reunion. By then the "coolest" person in your class may be working at K Mart, the person you always wanted to look like in might be ugly and weigh 500 pounds, and the biggest nerd of the class of 1992 may be a millionaire.

Everyone except the seniors has another invigorating year of Riley to look forward to, another year of grumpy teachers, terrible tests, and irritating security guards.

College bound seniors has to look forward to grumpier college professors, even worse tests, irritating roommates, and lousy food.

No matter who you are or what where you'll be next year, the Review hopes you had a successfull year. HAVE A GREAT SUMMER!!!



Thumbs up



to it being the last day of school for seniors.



to there only being two days of school left for everyone



to the spring sports for doing a great job.



to those seniors who will graduate with honors.



to this year's valedictorians and salutatorians.



to teachers for doing a great job for another year.

to the prom committee and Leona Johnston for making the 1992 prom great.



McDonald's needs to get McAct together





One weekday morning about 7:45 a.m. a fellow student teacher and I went to McDonald's on Michigan Street and ordered breakfast. We got our food and were walking to a table when an employee named "Deb" stopped us and told us we had to leave.

"No students can eat here during the school day," she said.

I told her we were student teachers and didn't have to report to the school we teach at until about 8 a.m. " It doesn't matter," she said and proceeded to rudely kick us out. She also told me the school was behind this rule.

There are many reasons this rule won't work. What if you have a dentist or doctor's appointment and miss lunch, or you don'thave a class? What if you're a young looking college student who just happens to be in the Michigan Street McDonald's during the school day? Is McDonald's going to demand I.D. to eat there?

When I asked George McCullough, principal, about the rule, he said that it was to keep students from skipping school and going to McDonalds. I told him about my situation, and he said to tell the people at McDonald's that it was all right for me to eat there. Do you think they would have believed me?

To get the facts straight, I went back to McDonald's about a week after the initial incident. I asked to talk to the head manager about a story I was writing about not being able to eat there during the day. She came out of the back and was happy to help me.

I told her what happened to the other student teacher and me. She said that there was no rule saying students couldn't eat there during the day, but they did have a 20 minute rule, (meaning students can only be in the restaurant for 20 minutes during the day). She said that "Deb" obviously had her facts wrong and had overreacted. She told me that they do try and keep groups of students out that they think are skipping, but if it was just me and another girl that was fine.

McDonald's is not going to stop students from skipping school by saying they can't eat there, the skippers will just go somewhere else.

The fact that they single out students who "look suspicious" is discrimination. Does that mean if you dress "good" and go into McDonald's you can eat there, but if you don't "look good" they'll kick you out?

I think the rule needs to be the same for everyone. They should institute a minimum order rule, and keep the time limit. That would keep out students who just want a place to sit, and it would give McDonald's business.



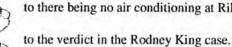
Thumbs down



to finals.



to all of the teachers who are piling work on us at the last minute. Maybe they feel behind and are trying to make up for lost time.

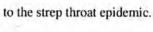


to there being no air conditioning at Riley.





to having the second gate locked in the parking lot.



to underclassmen who have senioritis.

Figurehead:

Up and coming band from Riley rocks the local alternative scene



Is it fame and fortune? Power and glory? Are these the ultimate goals for Figurehead? Probably not.

At present this amateur alternative band from Riley is getting quite a bit of attention.

Figurehead consists of four members: junior Dave Fischoff, guitar; junior Grant Pershing, drums; Riley alumnus Ryan Pershing, bass guitar; and junior Roscoe Wlson, vocals, guitar.

Figurehead has been together since last summer. Grant Pershing said the group's beginnings were rather spontaneous.

"Throughout the years we have always been friends. One day, through word of mouth, I heard Dave was a pretty good guitarist, so I invited him over just for fun," he said.

The group practices weekends and already has a few performances under its belt. Figurehead debuted in March at the Midnight Sun Teen Club, on Amatuer Night. They were not paid for their performance, but they drew quite a large crowd.

Fischoff said, "One of my friends told me about amateur band night at the Midnight Sun . At first I was reluctant, but we decided that it would be a good place for our first show. We wanted to get used to playing live in front of a small audience."

Grant Pershing said, "No, we were not paid. We felt we had to roll the bones; if we played for no pay and the club owner liked writing is not an

us, we might be asked back. If not, oh well. We enjoy playing music."

Wilson simply said, "We did it for experience."

That experience must have paid off, because Figurehead was asked to play at the Midnight Sun on May 17, with pay.

According to Fischoff, the band collectively received a dollar for every audience member that attended.

Figurehead also performed in the Amnesty International concert at Hilltop Lutheran Church on May 30.

What exactly does Figurehead play, anyway?

Grant Pershing said covers range anywhere from Slayer to Bob Marley .

Covers are songs that have already been played by popular artists.

Wilson T.S.O.L. Primus, and other underground bands as cover material, C while Fischoff named Primus,

"That's what it's all about: variety. That's what we're trying to do," Fischoff said.

Naked Raygun, and Rush.

Variety may become a big facet of Figurehead, because, Lately we have been focusing in on our originals very heav ily," said Grant Pershing.

Song-

easy process.

"First, one of the members submits an idea, a basic sketch of some lyrics, or even a guitar riff. We elaborate on the skeleton. Sometimes it comes out to our liking; other times the project is scratched. In a way we all put our own personality in every song, so we do collaborate." Grant Pershing said.

Overall, Figurehead has simple, practical goals.

Wilson's were, "To play

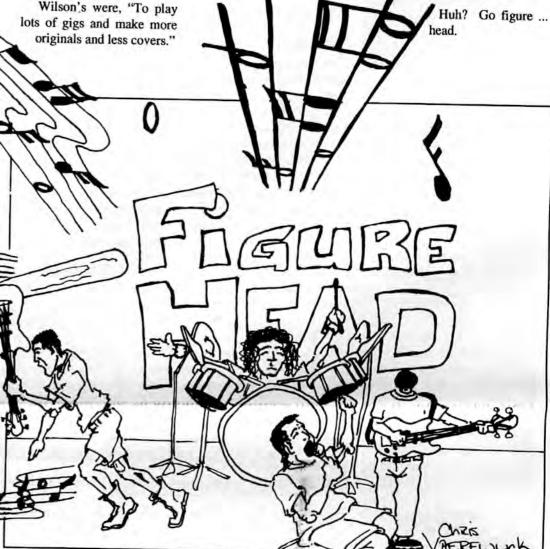
Fischoff said, "At the present time, I'm just doing it for fun. We would like to get more gigs for this summer and just see where it goes. If something happens, that's great, but I'm not planning on making a career out

"My goals and aspirations right now are clouded by that ominously looming sphere of impenetrable individualism

called college. Hopefully we can remain together, but if not I don't think any of us would have any problems joining a band in college. Of course, we want to make it big, though," said Grant Pershing.

When asked for any last comments he said, "It's a dog eat dog world, and we're not wearing milkbone boxers. Look for

us; we'll be around."



Sex education:

"Let's talk about sex, baby"





Explicit displays of public affection, the AIDS virus, and an increase in teenage pregnancies expand upon the urgency to promote sex education in our society today.

"I think we are in a more permissive society," said James Warren, Riley health educator, when referring to the reasons for the increasing sexual problems facing youth today. He believes that society might actually be promoting sexual behavior through television, booklets, and magazines.

However, Warren also feels that students tend to think they know more about sex than they really do. He said, "Kids today know street talk, but when it comes to certain topics they don't know the proper terms about them."

Warrren sometimes gives a test on sex education to his health classes before he cov-

ers the material in class. He said that only 45 percent of the students actually pass this test.

Fortunately, there is a group of students involved in a program to increase awareness of teenage sexuality. That program is entitled Project Assist and is run by Planned Parenthood. The students selected from each local high school, are expected to fulfill 40 hours of sex education and to attend monthly meetings which discuss such issues as birth control, date rape, and general information.

The purpose of this program is to educate peer leaders on sexual matters so that they may return to their respective schools and be a prime source of information to their peers.

Ben Lerman, senior and Riley Project Assist member, feels that the increase in teenage pregnancies stems from "Irresponsibility, and to curb that irresponsibility we have to make resources available."

Elizabeth Cole, junior and soon-to-be-mother, feels that teenage pregnancies come from carelessness and not using protection. Cole also feels that students involve themselves in sexual situations because "They're not getting enough attention at home and there is a lot of peer pressure."

Sex education should be taught both at home and at school, believes Warren. He said,"I don't think we (the school) should take Sex education: see Flip Side



Kids today know street talk, but when it comes to certain topics they don't know the proper terms about them.

James Warren



VVVVV check it out!

3NATIONAL HONOR SOCIETY

Next year's officers will be seniors: Carrie Milligan, president; Liza Swedarsky, vice-president; Angela Adams, treasurer; and Carrie Wert, secretary.

3FRIENDS, INC.

Friends, Inc. had another busy year attending conferences, workshops, visiting feeder schools for various peer helper programs and just being friends. Sponsors will be recruiting eight to ten new members for 1992-93.

3DECA

DECA members would like to say thanks to everyone who made this year a special one for us and DECA.

3DEBATE

Michelie Pomeroy and Kelly Szulczyk, sophomores, will be captains of next year's team.

3YEARBOOK

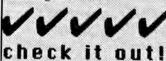
Co-editors of the 1992-93 Hoosier Poet will be Lesley Tompsett and Christina Strange, juniors.

Section editors will be Strange, Kelly Szulczyk, and Shelly Kilgore, sophomores, and assistant section editor will be Joy Gatheright, junlor,

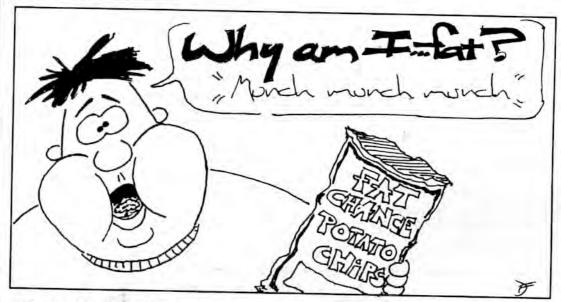
Advertising business manager will be Stacey Cauffman, sophomore, copy editor will be Stephanie Jessie, sophomore, and production manager will be Julie Hicks, sophomore. Head photographer will be Lana Metz, sophomore. Ryan Brugh, sophomore, will be photo coordinator.

3T.R.E.E.S.

We thank the students, staff, and faculty for their support of the aluminum can and notebook paper recycling programs. All interested students should attend our meeting next fall.



Eating: Confinued from page 4



and minerals in the body and when there is a vitamin deficiency bones can become weak.

Vitamins help build bones and tissues. They also change carbohydrates and fats into energy. The body can't make most vitamins that are needed so they have to be supplied from the foods a person eats, she said.

Houghton Mifflin Health text book (copyright 1987) said that a lack of any of the major nutrients can lead to poor growth and development, a lowered resistance to disease, and even death (see chart).

According to Garber statistics show that there are diseases linked to poor nutritional habits. Illnesses such as cancer, heart disease, obesity, osteoporosis, and vitamin deficiency can be attributed to unsatisfactory meal plans.

Some examples of junk food given by Harington are Twinkies which have a shelf life of 24 years, Hostess Cakes of any kind, an eight ounce can of pop which contains eight teaspoons of sugar, hamburgers because they are high in fat, sugar coated cereals, candy bars, potato chips and pretzels. She also said that pizza is probably one of the healthiest things teens eat. It's okay if it is prepared properly, without a lot of oil and grease.

"Foods teens should try to eat are things like baked potatoes, fruits, and lots of vegetables. Spread your horizons and eat rice or Chinese food. When going out instead of getting a burger, eat fish or chicken," said Harington.

Although most teens do not try and watch their diet there are some who do. Take senior, Trisha Vaughn for example. She tries to have a healthy diet. "Most of the time I balance out what I eat. Eating properly is a daily process. Monitoring food habits is important." Instead of eating potato chips and pretzels she eats raw vegetables. She does not eat meat and tries to drink a halfgallon of water a day.

"People seem to be more worried about what kind of cream they put on their face than the chemicals in their body. Health is directly related to your lifestyle, which includes healthy eating," said senior Lili Shilkovich. Junior, Todd Wieczorek, said he feels you need proper nutrition to function at your best level.

Junior, Angela Adams said, her eating habits differ during sports. "During cross-country I usually watch what I eat and make sure I'm not harming my body severely with what I'm eating. I eat only the best foods for my body to allow it to rebuild and strengthen.

"During softball and the winter I tend to slack off; not out of lack of exercise, but out of boredom of the same foods," she said.

For breakfast she likes to eat a bagel with cream cheese, a glass of orange juice and a glass of milk. At lunchtime she eats the school lunch and tries to pick the item best for her such as lasagna or noodles. For dinner she prefers to have noodles of some sort, milk, chicken or pork chops and bread with butter or garlic bread.

Harington said each person is an individual so their diets will be different. Good guidelines to follow for weekly eating habits are:

2-5 cups of fruit

2-3 cups of grain

1-3 servings of meat

1-3 servings of dairy products

3-5 seeds and nuts

Sex education:

Continued from page 7

the place of parents. At school, we can just reinforce what was learned at home."

If sex education is to be taught at school, at what grade level should it be taught?

Cole, who is currently attending a program for teenage mothers at Brown School feels that sex education should begin in eighth grade. She said that there are eighth graders enrolled in the same program as she is, and for them, even sixth grade would not have been too early.

Stacy Laskowski, senior and new mother, feels that sex education should begin at a fifth or sixth grade level. "We need to start 'em off early," she said.

Lerman strongly believes that sex education should be taught in the schools because, "It all boils down to a matter of morals and ethics. While these things should be taught at home, some parents neglect their responsibility. Therefore, to insure that students are informed, sex education with an unbiased approach, should be taught no later than junior high," he said.

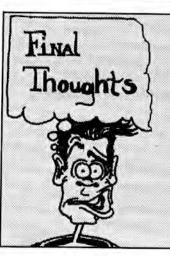
Currently, there is a state mandate for high school health classes to teach three weeks of sex education. During this time, such topics as AIDS, venereal diseases, and birth control are covered. However, the topics are covered, "More indirectly than directly," stated Warren.

Cole and Laskowski both feel that more needs to be done than lip service. They feel that birth control should be made available through the school, and thorough information should be provided.

Lerman feels that this could only be possible if the nurse was to first explain how to use the birth control. "Without proper knowledge of how to use it, it's completely ineffective," said Lerman.

Warren disagrees with allowing birth control to be made available through the schools. "Educators are doing wrong if they allow that to occur," believes Warren. He also feels that by doing so, educators would be placing their stamp of approval on sex.





Retraction

In the May 1 edition of *The Review*, the caption on the first page stated Eric Shirts as the photo on the right, and Chad Marshman on the left. This order should have been reversed.

Goodbye

Dan Miller, Fran Kiene, James

Krider, and Leon Bendit are all retiring this year.

Test Dates

The S.A.T. wil be held on June 6, and the A.C.T. will be held on June 13.

Exam Schedule

Wednesday June 3, 1st hour will be 7:45-8:45 a.m., announcements will be 8:45-9 a.m., 2nd hour will be 9:05-10

a.m., 3rd hour will be 10:05-10:45 a.m. School is dismissed at 10:45 a.m. Thursday June 4, 4th hour will be 7:45-8:45 a.m., announcements will be 8:45-9 a.m., 5th hour will be 9:05-10 a.m., 6th hour will be 10:05-10:45 a.m. School will be dismissed at 10:45 a.m.

Student Council

The outcome of the student council elections were as fol-

lows: President, Stephanie Tezich; vice president, Liza Swedarsky; secretary, Angie Adams; treasurer, Veronica Flores; seargeant at arms, Amanda Abigt.

Thanks

The Review would like to thank everyone who contributed to our newspaper this year. 405 E. Ewing Ave. South Bend, IN

June 1, 1992

Boys' soccer

Looking toward tournament optimistically



Carol Gregory
Guest Reporter

Reaching your peaks and valleys are all a part of every high school team's season. But the most important factor is peaking at the season's end.

At the time of publication, the boys' soccer team was headed to compete in the sectionals at their best level possible, agree the members. With two consecutive losses against NISL (Northern Indiana Soccer League) opponents Concord and Marian, the team seemed to be headed on a downswing. But the team feels confident that the worst is behind them.

"Now is the time when

you have to be at your best. Your concentration and stamina should be at its peak. I think the tournament will bring along some surprises simply because everyone has the ability to be a solid contender," said senior captain Gregg Carroll.

"We definitely were at the bottom of our game after losing two games in a row. I think, though, we have flattened out the knots in the past few games. We know how we can play, it's just a question of whether or not we want it enough," said senior captain Aaron Divine.

The team also feels confident about the tournament.

"We have proven that we can win the 'big game' when we beat St. Joe. If we play better in the second half, then our chances to do well will improve," said senior Art Smith.

They defeated St. Joe by a score of 3-1 on April 22.

"It depends on which Riley soccer team shows up. The one that can play excellent will do well, and the team that can be lazy will lose right away," said senior Markus Petterson.

The team's record at publication was 11-5 overall and 10-4 in the league. The victories were against Trinity, Elkhart Memorial, LaSalle, Washington, Elkhart Central, St. Joe, Plymouth, Penn, Mishawaka, Northridge, and Wawasee.

One of the strong points for the team is their offense.

Carroll leads the team in scoring with 23 goals and 16 assists. Divine follows closely with 16 goals and 12 assists. Senior Woody Eddy has one goal and 10 assists.

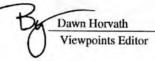
Head coach Gilbert Clark feels that the season has been successful.

"With the quality of players that we have, we have been very successful. The team has improved every game and is heading into the sectionals with good momentum. They are playing for each other as well as for their pride. We want to prove to the fans that we are not a fluke at all," said Clark.

Girls' track finishes season above expectations



heresa Boone, sophomore, takes a break after her race (photo by Santiago Flores).



The girls' track team has adjusted well to a new coaching staff. The girls have proven themselves by placing at the fifty percent mark in NIC (Northern Indiana Conference) and in sectionals at Bremen.

Head coach, Tammy Mammolenti, has a strong background in distance running, and the assistant coach, Doug Luczkowski, ran track in his high school days.

At first, Luczkowski was worried about coaching girls. He was afraid they would whine and complain, but he is happy with the way things turned out.

"The coaching staff improved a lot as the season progressed and as they got better acquainted with the team," said Veronica Flores, junior.

"With our previous coach, Teri Woodruff, we were used to everything. We knew what to expect. Our two new coaches were different, and it has worked well for us," said Jodie Schaller, senior. Mammolenti, the girls' cross country coach, said, "It was not hard to adjust. The workouts came naturally. The track is a different kind of love for me than cross country and I plan to continue coaching it."

The team has no individual area of strength. "Overall, we are pretty good. It's a combination of events that make us strong. No certain one sticks out," said Schaller.

This may have contributed to the team's attitude. It is better now than it has been in previous years.

"I was really impressed with the attitudes. The girls would listen to what I had to say and give a sincere attempt to do it," said Mammolenti.

Many accomplishments have been made during this year. The team finished their season with a record of 3-4. The girls placed fifth out of ten teams in NIC and fifth of twelve teams in sectionals. They will also be sending seven girls to run in regionals.

Luczkowski commented that the team has improved in almost every event as compared to last year.

"We did d--- good," said Mammolenti.

"This has been the best year we've had since I've been on the team. In the past, we have not done well in NIC. This year has definitely been the best. Even the races we did lose were very close ones, "said Schaller.

Several school records were broken. Dawn Barker set a one mile record at 5:27.4. Beth Bone improved upon her record in the 800. The four by one relay team also sped up their times.

This year, the runners did not have a big schedule. Mammolenti feels that it was an advantage. "We could avoid injuries and have more quality workouts," she said.

Mammolenti feels that the team is up on the other teams. "We had a late start since most of our first races were cancelled. Now all of the other teams are at their peak and we are still improving."

This year concludes with Stephanie Luber being voted as Most Valuable Player and Beth Bone getting the Mental Attitude Award.















Clockwise, starting from top left corner, are Coach Ron Metcalfe, senior Tina Sipe, senior Terri Pierce, sophomore Colleen Sipe, senior Sally Lindenman, junior Stephanie Harper, freshman Mike Pflugner, senior Jeff Stultz, and senior Maria Gevas (photos by Santiago Flores, and Matt Hoff).



June 1, 1992

1) Name: Jenna Leigh Toothaker, tennis

2) Birthdate: August 31, 1973

3) Birth place: Paris Valley, California

4) Favorite color: Green

5) Favorite book: Family Album, Danielle Steele

6) Favorite saying: Floyd!

7) Favorite food: Pasta

8) Favorite t.v. show: Seinfeld

9) Favorite childhood memory: Making mud pies in the goal at soccer games with Trisha Vaughn

10) Hobbies: Swimming, shopping, and watching soccer

11) Personal secret: She's really shy around guys (yeah, right!)

12) Fantasy: To travel the world for free

13) Personal heroes: Her brother, Brad, for his determination and his desire to be the best he could be, and Megan Beehler

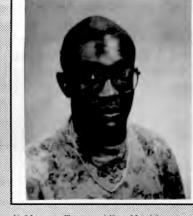
14) Embarrassing moment: This year in tennis, she swung and "whiffed" during a

15) Self Improvements: To be more positive and not be so critical of herself and others

16) Major accomplishments: Lettering in swimming, soccer, and tennis, and being elected co-captain of the tennis, soccer, and swimming teams

17) Person I'd meet in time: Her ancestors 18) Future plans: Go to Illinois State Uni-

19) Advice to youngsters: Don't compare yourself to others, and get down on yourself. Realize that you're great no matter what.



1) Name: George Allen Hankins, track

2) Birthdate: February 10, 1974

3) Birth place: South Bend, Indiana 4) Favorite color: Blue

5) Favorite book: The Autobiography of

Malcolm X

6) Favorite saying: I'm the best thing since sliced bread

7) Favorite food: Rice

8) Favorite t.v. show: In Living Color

9) Favorite childhood memory: Winning his first race

10) Hobbies: Playing basketball and hangin' out in the hood

11) Personal secret: He's shy

12) Fantasy: To run in the 1996 Olympics against Carl Lewis and win

13) Personal heroes: No comment

14) Embarrassing moment: Running around in the Burger King parking lot and falling in front of everybody

15) Self improvements: To change his smart mouth

16) Major accomplishments: Going to state in track as a sophomore, making allconference, and having best area times 17) Person I'd meet in time: Malcolm X,

because he believes in what he stood for 18) Future plans: Go to college, get a degree, and a very good paying job

19) Advice to youngsters: Stay in school and try your hardest to stay out of trouble, because all they want to do is keep a black man down.

June 1, 1992———Sports——The Review——3 Improved boys' track team achieves goals



Tony Smith Senior Staff Reporter

"Improvement is success," said Riley boys' track coach Ted Crissman.

If this statement is true, then the track team had a successful season. The 'Cats finished their dual meet with a record of five wins and one loss.

They were third in the conference, trailing behind Penn and Elkhart Central, and were city champs for the second straight

"So far this season, I am very

pleased with the team's accomplishments. We have met our goals, and we hope that we can continue this success throughout the state competition," said Criss-

The goals Crissman is referring to were to win the city title, finish in the top three of their conference, and defeat the city teams in a dual meet as well as in the city championship.

"Many individuals made improvements this year. We also did very well as a team. We had a good season and are looking forward to next season," said sophomore John Hruska.

Although Crissman has coached football at Riley, this is his first year as head track coach.

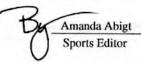
"Coach Crissman did a great job this year. He really seemed to know his stuff. He is more concerned about how well we perform rather than whether we win or lose," said Hruska.

"Coach seemed to really care about everyone as an individual. He took interest not only in our athletic abilities, but in our academic standings as well," said senior David Ganser.

Crissman is already looking ahead to next year. The team will be returning a strong core of underclassmen with few members graduating.

"I feel that we will be very strong next season. If some of the underclassmen can step up to fill the positions of those lost, we should have a very successful season," said Crissman.

Lack of experience hinders girls' tennis team



The year may not have held many wins for the girls' tennis team, but they never let up.

A lack of varsity experience may have contributed to the number of losses. With five new varsity starters and a J.V. floater, coach Karon Kirkland has had some impediments to work around.

"We've had quite a few hardships to overcome this year. The team has had to deal with a lack of experience, many injuries, and a lot of sicknesses," said Kirkland

"We only returned two varsity members from last year, and I think that coach Kirkland has had to adjust to working with an inexperienced team," said senior co-captain Jenna Toothaker.

"I think that the girls adjusted well to the lack of experience

and pulled through the season with their chins up. No one ever gave up," said Kirkland.

"What mattered to us was the way we played, not if we won or lost. We worked hard all season. Even though we didn't have an overall winning season, we were satisfied with the way things have turned out,"said senior, Sarah

"The team pulled together and that was important for the mental aspect of the game," said Kirkland.

The team ended the season with a record of six wins and eight losses. The weather seemed to be a great factor in the number of losses.

"Two of our losses were from rain dates, so the weather had something to do with our record," said Toothaker.

A positive thing that this year's lack of experience has brought is hope for a good next

"I'm very pleased with this year's outcome. I'm looking forward to the next couple of years. This year, we have learned to come together and work as a team, and that is important for the welfare of our future seasons," said sophomore, Lindsey

The general attitude towards next season continues to be very positive.

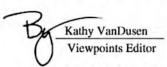
"I think that the whole team is pleased with the way that the season ended up. There were quite a few underclassmen that had varsity playing time, and that experience will prove to be important for the upcoming seasons," said freshman, Amy Freid.

"Overall, the girls worked hard. Because we are such a young team, we have a lot to work with and our boundaries can be limitless. I am looking forward to see how they will fare in the years to come," said Kirkland.



nent (photo by Santiago Flores).

Boys' baseball hopes to repeat successes of last year



Team unity is the emphasis for the boys' baseball team.

"On our baseball team, we emphasize the meaning of unity. If we don't play like a unit, we don't play," said Marcus La-Sane, senior.

"We are all key players when we play like a team," said Brian Mahoney, senior.

The team has a record of 11-8 in the NIC (Northern Indiana Conference), and 15-9 overall.

Both Mahoney and LaSane agreed that the key victories this year were the two wins against

"We've been very pleased with our play so far this season," said LaSane. John Nadolny, baseball coach, said, "The team will have a successful season if they can win sectionals."

Mahoney and LaSane said that the team's focus has been "To get back to where we were last year, and to go even farther."

Hitting seems to be the main

strength of the team. "Our hitting has really carried us most of the year. It has gotten us out of some close games," said LaSane.

Another strength for the team is a strong drive to succeed both as a team and individually.

Mahoney says that he is never satisfied with his own performance. "I always want to go one step further," he said.

"We beat Adams because we played smart baseball. We were very intense and it paid off in the end," said LaSane.

Mahoney said he thought

they won those games because they all played together and picked each other up when they

Nadolny said that their best games of the season were beating Penn 8-2, and Adams 13-11.

"Every conference game is important," said Nadolny.

Despite their wins, the team lost games that they were hoping to win this year.

Nadolny and LaSane agreed that losing to Elkhart Memorial 19-1 was their worst game of the

"The reason that we lost was because we weren't focused and we made a lot of mental errors," said La Sane. "Losing to Washington twice was also disappointing."

As the season comes to an end, the team hopes to go as far as possible.

"The focus for the rest of the season is to get geared up for sectional play," said Nadolny.

"To repeat as sectional and regional champions is a main focus that we hope to achieve," said Mahoney.



Softball team's success not to be judged by the record



The girls' softball team has improved their NIC (Northern Indiana Conference) record from last year. They are 8-14, and 4-3 NIC, as of May 21.

"We wanted to improve our record as well as our NIC record, but we only succeeded in the NIC goal," said junior shortstop, Angela Butiste.

The Washington game on May 1 was one of the toughest games this season, according to team members. Riley came from behind to win by a score of 8-7, in extra innings.

"Andrea Sager, and Lisa Swedarsky both hit home runs, and that really aided our effort," said senior left fielder, Sally Lindenman. Butiste recalls what she thinks were the best games of the

"Defensively, LaSalle was a good game although we lost, due to their solid hits. Offensively, beating Clay was a great moment. They had to call the game in the fifth inning with the ten run rule," she said.

Senior Leslie Sorocco, first baseman, feels that concentration was one of the team's largest downfalls.

"We should have won a lot more games, but the lack of concentration and mental errors really hurt us," said Sorocco.

"I feel we have the most talent in the SBCSC (South Bend Community School Corporation) overall, however, we had a lot of mental errors that influenced our playing and the outcomes of the games," said junior center fielder, Angela Adams.

On the other hand, it is agreed that teamwork aided in their successes.

"When we worked together, we could beat any team and we were able to succeed even in the toughest situations," said Adams.

Butiste described this season as bumpy and added, "It was rough, but we know that we are better than what our record shows."

The team is looking forward to sectionals. They will have six straight practices before they have a chance to prove themselves.

"We hope to be a surprise in sectionals," said Butiste.

"Since we will have six straight practices under our belts, we are looking forward to doing well in sectionals," said Adams.

Letter from the editors

To all athletes, coaches, and sports fans:

We would like to thank all of you for your cooperation throughout the year. Without all of your help in granting interviews and completing surveys, our sports section could not be everything that it is.

We would especially like to commend all of the senior athletes for the leadership that they have displayed, and for their years of competition at Riley. You have helped to lead our school to many victories and have also turned the losses into learning experiences. You have taken it all in stride and you have stayed focused on the goals at hand. You have shown the underclassmen guidance. Although it will be hard for them to fill your shoes, they will try to follow in your footsteps by using the examples you have set.

Without you fans, sports wouldn't be the same. You have helped to boost the teams' spirit and morale. You've shown support all year, and it is very much appreciated.

We also appreciate the coaches' cooperation. You have promptly returned the much needed interviews and also given us additional information at the last minute.

Once again, we would like to express our deep gratitude towards everyone. Have a safe and healthy summer and we look forward to seeing you next year.

Thank you, Amanda Abigt and MaggieSoos Sports editors

Up and Coming

| Boys' Soccer | | Boys' Track | |
|---|-------------------|-------------------------------------|-----|
| June 4-Norhtern State Cup Playoffs 6-Norhtern State Cup Playoffs 12-Northern State Cup Finals | TBA TBA IBA | June 6-State Baseball June | TBA |
| Softball June | | 1-Sectional Girls' Track | TBA |
| 6-Regional 12-State | TBA TBA | June 5-State | TBA |



Scott Novak, senior, prepares to tee off (photo by Santiago Flores).

Boys' Golf

Teamwork to aid in sectionals



Optimism is going to be the focal point for the boys' golf team as they go into sectionals.

Riley finished third with a 6-3 record in the conference by beating arch rival Adams with a 5-4 conference record. The Wildcats finished 10-11 overall this season. The three teams the 'Cats lost to in the conference were Penn, Michigan City Elston, and LaSalle.

The main rival this year was the Adams Eagles. Both teams share their home course at Erskine Park. The 167-164 victory over Adams was a confidence booster for the upcoming sectionals, agreed the golfers.

"That is the only team (Adams) that I really wanted to beat. It is definitely the biggest rival for us as a team, since we share the same home course," said senior Pat Bird.

Another big win came against Elkhart Central 173-160.

"It was a win that we needed to finish high in the conference. It was our team's best performance of the year," said Bird.

Sophomore Jeremy Thompson and freshman Jim Van Fleit both shot a 38. Freshman Sam Toth shot a 39 and Bird finished with a 45.

The Wildcats are led by Thompson who fired a career low score of 37 against Marian and St. Joe. Thompson and Van Fleit have about a 42 stroke average to lead the team.

The 'Cats will start their sectional on Friday, June 5th at Erskine Park.

Penn has the top seed in the sectional followed by St. Joe. The third seed is Adams and fourth is LaPorte. The Wildcats have a seventh seed in the thirteen field sectional tournament.

"As a team, we feel we are coming together and feel we can come out of the sectional. We all have to play at the top of our games to get out," said Bird.